

praying the names of god a daily guide

Praying the Names of God: A Daily Guide to Deepening Your Spiritual Practice

praying the names of god a daily guide is a profound and transformative practice that has been embraced by countless spiritual traditions throughout history. It involves meditating on, invoking, and reflecting upon the various names attributed to the Divine. Each name reveals a unique aspect of God's nature, offering a pathway to connect more intimately with the sacred. Whether you are new to spirituality or seeking to enrich your existing prayer routine, integrating the practice of praying the names of God daily can bring clarity, peace, and a renewed sense of purpose.

In this guide, we will explore how to incorporate this powerful spiritual discipline into your everyday life, uncovering the significance of divine names, practical methods for prayer, and tips to maintain consistent devotion.

Understanding the Power Behind Praying the Names of God

At its core, praying the names of God is about relationship and recognition. In many faiths, God is understood not just as a distant creator but as a personal presence revealed through names that express attributes like mercy, justice, love, or protection. When you recite or meditate on these names, you invite those qualities into your heart and mind.

The Significance of Divine Names in Spiritual Traditions

Names such as Elohim, Yahweh, El Shaddai, or Allah, Ar-Rahman, Ar-Rahim carry rich theological meaning. In Christianity, the "Lord" or "Father" highlights God's paternal care, while in Islam, the 99 Names of Allah each reflect a divine characteristic like "The Compassionate" or "The Forgiving." Similarly, in Hinduism, names like Vishnu (the Preserver) or Shiva (the Transformer) symbolize cosmic functions of the divine.

This multiplicity of names allows practitioners not only to praise God but to cultivate specific virtues within themselves. By focusing on "The Healer," for example, you might seek comfort and restoration during difficult times.

Why Make It a Daily Practice?

Integrating the names of God into daily prayer fosters mindfulness and spiritual discipline. It serves as a gentle reminder throughout your day of the divine presence surrounding and sustaining you. Over time, this practice can deepen your faith, reduce anxiety, and create a sacred rhythm in your life that keeps you grounded amid daily challenges.

How to Begin Praying the Names of God: Practical Steps

If you're wondering how to start, you don't need elaborate rituals or special equipment. Here's a straightforward approach to make this devotional practice part of your everyday routine.

Choose the Names That Speak to You

Start by selecting a handful of divine names that resonate with your spiritual needs or current life situations. You might pick names that emphasize compassion, strength, or wisdom. For instance, if you're seeking peace, focusing on names like "Shalom" (peace) or "Ar-Rahman" (The Most Merciful) can be especially comforting.

Set Aside a Dedicated Time

Consistency is key. Whether it's morning, evening, or midday, carve out at least five to ten minutes daily to sit quietly and focus on the names. This regular time slot helps form a habit and creates a sacred pause amid your busy schedule.

Use Repetition and Meditation

Repetition is a time-tested technique in prayer and meditation. You might softly recite each name aloud or in your mind, allowing the sound and meaning to sink deeply into your consciousness. Some find it helpful to use prayer beads or a rosary to keep track of repetitions, which also fosters tactile engagement.

Reflect on the Meaning

Don't just say the names mechanically. Take a moment to reflect on what each name reveals about God's character and how that might relate to your life. For example, meditating on "El Roi" (The God Who Sees) from the Hebrew tradition can help you feel seen and understood during moments of loneliness.

Incorporating Praying the Names of God Into Daily Life

Bringing this spiritual practice into your day doesn't require elaborate rituals. Here are some simple ways to weave the praying of God's names seamlessly into your routine.

Morning Affirmations

Begin your day by affirming positive qualities of God's nature. This can set a peaceful and purposeful tone. For example: "Today, I trust in El Shaddai, the God Almighty, for strength and protection."

Mindful Breathing With Divine Names

During moments of stress or overwhelm, take slow, deep breaths, and silently repeat a comforting name such as "Ar-Rahim" (The Merciful). This practice can calm your nervous system and restore focus.

Journaling Your Reflections

After your prayer time, jot down any insights or feelings that arose. Tracking your spiritual growth helps deepen your connection and makes the experience more tangible.

Praying Before Meals or Sleep

Using the names of God in brief prayers before meals or bedtime can transform ordinary moments into sacred ones, reinforcing gratitude and trust.

Enhancing Your Experience: Tips and Insights

To maximize the benefits of praying the names of God daily, consider these thoughtful suggestions:

- **Personalize Your Practice:** Allow your heart to guide which names you emphasize. Spiritual connection grows stronger when it feels authentic.
- **Combine with Scripture or Sacred Texts:** Many holy books offer passages that highlight divine names. Reading these can enrich your understanding.
- **Use Visual Aids:** Some find it helpful to have calligraphy or art depicting the names as focal points during prayer.
- **Join a Community:** Sharing this practice with others can provide encouragement and deepen communal spirituality.
- **Be Patient and Gentle:** Spiritual growth is a journey. If your mind wanders or you miss days, simply return without judgment.

Exploring Different Traditions and Their Divine Names

One of the beautiful aspects of praying the names of God is its universal appeal. Various religions and cultures have developed rich traditions around this practice, offering a treasure trove of spiritual wisdom.

Christianity

In Christianity, Jesus often prayed using the names of God to express intimacy and reverence. Names like “Abba” (Father), “Emmanuel” (God with us), and “Alpha and Omega” (the beginning and the end) invite believers to understand God’s all-encompassing presence.

Islam

The 99 Names of Allah are a cornerstone of Islamic devotional life. Reciting these names, known as Asma’ul Husna, is believed to bring blessings and a closer relationship with God. They emphasize attributes such as mercy, justice, and majesty.

Judaism

Jewish tradition holds the Tetragrammaton (YHWH) as the most sacred name of God, often replaced in prayer by "Adonai." Names like "El Elyon" (God Most High) and "Jehovah Jireh" (The Lord Will Provide) offer layers of meaning and connection.

Hinduism

The practice of chanting names like "Om Namah Shivaya" or "Hare Krishna" is central to Hindu devotion. Each name encapsulates divine qualities and serves as a mantra to align the practitioner with universal consciousness.

Final Thoughts on Praying the Names of God a Daily Guide

Embracing the practice of praying the names of God daily opens a doorway to spiritual depth and inner peace. It transforms prayer from mere routine into a vibrant dialogue with the sacred, where each name is a stepping stone toward understanding divine mystery. By dedicating time to this practice, reflecting on the meanings, and allowing the divine names to permeate your life, you cultivate a heart attuned to grace, compassion, and strength.

Remember, this journey is personal and evolving. Your relationship with the divine names will grow richer with patience, sincerity, and openness. Whether in quiet moments of meditation or amidst the busyness of life, praying the names of God daily can become a wellspring of hope and spiritual nourishment.

Frequently Asked Questions

What is 'Praying the Names of God: A Daily Guide' about?

'Praying the Names of God: A Daily Guide' is a devotional book that helps readers deepen their prayer life by meditating on and praying the various names of God, exploring their meanings and spiritual significance daily.

How can praying the names of God enhance my spiritual life?

Praying the names of God allows you to connect more intimately with God's character, fostering a deeper understanding, trust, and relationship with

Him. It enriches your prayer experience by focusing on specific attributes of God.

Is 'Praying the Names of God: A Daily Guide' suitable for beginners in prayer?

Yes, the guide is designed for both beginners and seasoned believers. It provides daily reflections and prayers that are easy to follow, making it accessible for anyone looking to grow in their prayer life.

How is the daily guide structured in 'Praying the Names of God'?

The guide typically presents one name of God per day, accompanied by its biblical meaning, a short devotional reflection, and a prayer to help meditate on that attribute throughout the day.

Can 'Praying the Names of God: A Daily Guide' be used in group Bible studies?

Absolutely. The daily reflections and prayers can serve as a foundation for group discussions, helping participants explore biblical names of God together and encourage collective spiritual growth.

What are some examples of names of God featured in the daily guide?

Examples include Jehovah Jireh (The Lord Will Provide), El Shaddai (God Almighty), Yahweh Rapha (The Lord Who Heals), and Abba (Father), each highlighting different aspects of God's nature.

How long does it typically take to complete the daily prayers in the guide?

Each daily prayer and reflection generally takes about 5 to 10 minutes, making it easy to incorporate into a regular daily routine without requiring a significant time commitment.

Where can I purchase or access 'Praying the Names of God: A Daily Guide'?

The guide is available for purchase through major online retailers such as Amazon, Christian bookstores, and may also be available in digital formats like eBooks or apps for daily devotional use.

Additional Resources

****Praying the Names of God: A Daily Guide to Spiritual Enrichment****

Praying the names of god a daily guide offers a profound approach to deepening one's spiritual practice by invoking the divine through specific appellations. This method, rooted in diverse religious traditions, harnesses the power of sacred names as a means to foster connection, contemplation, and personal transformation. As modern spirituality continues to evolve, understanding and integrating the practice of praying the names of God can provide individuals with a structured, meaningful ritual that nurtures faith and mindfulness.

The Historical and Theological Context of Praying the Names of God

The tradition of invoking the names of God spans multiple faiths, including Christianity, Islam, Judaism, and Hinduism, each attributing unique significance and characteristics to the divine names. In Judaic practice, for example, the Tetragrammaton (YHWH) embodies the ineffable name of God, often approached with reverence and caution. Similarly, in Islam, the 99 Names of Allah encapsulate attributes such as mercy, justice, and wisdom, serving as focal points for prayer and meditation.

Christianity, particularly within Catholic and Orthodox traditions, venerates the names of God and Jesus Christ as conduits for grace and divine presence. The practice of repeating sacred names or phrases, known as the Jesus Prayer ("Lord Jesus Christ, Son of God, have mercy on me, a sinner"), exemplifies this contemplative devotion.

Theologically, praying the names of God serves multiple functions: it is an act of worship, a meditation tool, and a way to internalize divine qualities. These names are not merely labels but are believed to carry spiritual potency that transforms the practitioner's heart and mind.

Praying the Names of God: Daily Practice and Benefits

Integrating the practice of praying the names of God into a daily routine can be both simple and profound. This guide explores practical methods and the psychological, emotional, and spiritual benefits that emerge from such a commitment.

Methods of Praying the Names of God

There are various approaches to praying the names of God, depending on tradition, personal preference, and spiritual goals:

- **Repetitive Chanting or Dhikr:** Used extensively in Sufi Islam, this involves the rhythmic repetition of divine names to achieve spiritual focus and tranquility.
- **Meditative Contemplation:** Reflecting on the meaning and attributes of a specific name, allowing its essence to inspire inner transformation.
- **Liturgical Recitation:** Incorporating the divine names into structured prayers or hymns, often within communal worship settings.
- **Journaling and Affirmations:** Writing down or affirming the names daily to cultivate mindfulness and spiritual awareness.

Benefits of Daily Invocation of God's Names

The consistent practice of praying the names of God yields several notable benefits:

1. **Enhanced Focus and Meditation:** The repetitive nature of invoking divine names can improve concentration and reduce mental distractions, similar to mindfulness meditation.
2. **Emotional Healing and Peace:** Many practitioners report feelings of calmness, reduced anxiety, and emotional resilience when engaging regularly in this practice.
3. **Spiritual Growth:** By internalizing the qualities embodied in the names—such as compassion, forgiveness, or strength—individuals may experience profound personal transformation.
4. **Connection to Tradition and Community:** Engaging in a centuries-old practice links individuals to a broader spiritual heritage, fostering a sense of belonging and purpose.

Comparative Perspectives: Praying the Names of God Across Traditions

Examining how different faiths approach the invocation of God's names reveals both shared themes and unique distinctions that enrich the practice.

Judaism: The Power of the Divine Name

In Judaism, the sacredness of God's name rests on the belief that the name itself contains divine essence. The oral tradition emphasizes respect and careful pronunciation, often substituting alternative names like "Adonai" during prayer. The Kabbalistic tradition further explores the mystical dimensions of God's names, attributing cosmic significance to their permutations and combinations.

Islam: Dhikr and the 99 Names of Allah

Dhikr, meaning "remembrance," is central to Islamic spirituality. The 99 Names of Allah each describe an attribute of the divine, such as Al-Rahman (The Most Merciful) and Al-Hakim (The All-Wise). Muslims use these names in their prayers and meditations, believing that reciting them brings spiritual benefits and divine proximity.

Christianity: The Jesus Prayer and Divine Invocation

Christian contemplative traditions, particularly within Eastern Orthodoxy, utilize the Jesus Prayer as a form of repetitive invocation that centers the heart and mind on Christ. This practice is closely tied to the theology of the Incarnation and the transformative power of the name of Jesus as expressed in scripture.

Implementing a Daily Guide to Praying the Names of God

For those interested in adopting this spiritual discipline, structuring a daily guide can facilitate consistency and depth.

Step-by-Step Daily Practice

1. **Set a Dedicated Time:** Choose a specific time each day for prayer to build routine and expectation.
2. **Choose Specific Names:** Depending on your tradition or personal inclination, select one or more names to focus on each day or week.
3. **Prepare a Quiet Space:** Minimize distractions to create a conducive environment for reflection and prayer.
4. **Engage Mindfully:** Recite the names slowly, paying attention to their meaning and resonance.
5. **Reflect and Journal:** After prayer, spend a few minutes noting any insights or emotional responses.
6. **Integrate into Daily Life:** Throughout the day, recall these names to foster ongoing mindfulness and spiritual awareness.

Tools and Resources to Enhance Practice

Modern technology and resources can support the practice of praying the names of God, including:

- **Mobile Apps:** Applications offering daily reminders, audio recitations, and guided meditations.
- **Books and Commentaries:** Texts exploring the theological and mystical dimensions of divine names.
- **Community Groups:** Joining prayer groups or online forums for shared practice and encouragement.

Challenges and Considerations in Praying the Names of God

While the practice is enriching, there are aspects to be mindful of:

Potential Challenges

- **Repetition Fatigue:** Some may find repetitive chanting monotonous without proper guidance or variety.
- **Theological Sensitivity:** Misusing or misunderstanding sacred names can lead to spiritual discomfort or offense within certain traditions.
- **Consistency:** Maintaining daily practice requires discipline amid modern distractions and busy schedules.

Addressing Challenges

To mitigate these issues, practitioners can:

- Alternate between different names or prayers to maintain engagement.
- Educate themselves on the appropriate use and significance of the names within their faith context.
- Set realistic goals and allow flexibility in their daily schedules.

Praying the names of God a daily guide not only serves as a method for spiritual enrichment but also as a bridge connecting ancient wisdom with contemporary life. Its adaptability across faiths and cultures testifies to its enduring relevance and potency as a practice fostering inner peace and divine connection.

[Praying The Names Of God A Daily Guide](#)

praying the names of god a daily guide: Praying the Names of God Ann Spangler, 2011-01-26 A twenty-six-week devotional study by the bestselling coauthor of *Women of the Bible* Names in the ancient world did more than simply distinguish one person from another, they often conveyed the essential nature and character of a person. This is especially true when it comes to the names of God recorded in the Bible. *Praying the Names of God* explores the primary names and titles of God in the Old Testament to reveal the deeper meanings behind them. El Shadday, Elohim, Adonay, Abba, El Elyon - God Almighty, Mighty Creator, Lord, Father, God Most High - these are just a few of the names and titles of God that yield rich insights into his nature and character. *Praying the Names of God* shows readers how to study and pray Gods names by focusing each week on one of the primary names or titles of God. Monday - readers study a portion of Scripture that reveals the

name. TuesdayThursday - readers pray specific Scripture passages related to the name. Friday - readers pray Scripture promises connected to the name. By incorporating the divine names and titles into their prayers - and learning about the biblical context in which the name was revealed - readers will gain a more intimate understanding of who God is and how he can be relied on in every circumstance of their lives. Praying the Names of God is a unique devotional, one that offers a rich program of daily prayer and study designed to lead people into fresh encounters with the living God.

praying the names of god a daily guide: *Praying the Names of Jesus* Ann Spangler, 2006 To know someone's name in the ancient world was to know something about that person's nature and character, according to Spangler, who explores the primary names and titles of Jesus in this unique devotional.

praying the names of god a daily guide: **Praying the Names of God** Ann Spangler, 2008-09-02 A twenty-six-week devotional study by the bestselling coauthor of *Women of the Bible*. Names in the ancient world did more than simply distinguish one person from another, they often conveyed the essential nature and character of a person. This is especially true when it comes to the names of God recorded in the Bible. *Praying the Names of God* explores the primary names and titles of God in the Old Testament to reveal the deeper meanings behind them. El Shadday, Elohim, Adonay, Abba, El Elyon---God Almighty, Mighty Creator, Lord, Father, God Most High---these are just a few of the names and titles of God that yield rich insights into his nature and character. *Praying the Names of God* shows readers how to study and pray God's names by focusing each week on one of the primary names or titles of God. * Monday---readers study a portion of Scripture that reveals the name. * Tuesday--Thursday---readers pray specific Scripture passages related to the name. * Friday---readers pray Scripture promises connected to the name. By incorporating the divine names and titles into their prayers---and learning about the biblical context in which the name was revealed---readers will gain a more intimate understanding of who God is and how he can be relied on in every circumstance of their lives. *Praying the Names of God* is a unique devotional, one that offers a rich program of daily prayer and study designed to lead people into fresh encounters with the living God.

praying the names of god a daily guide: **The Tender Words of God** Ann Spangler, 2009-01-06 Over the years, Ann Spangler has read through the Bible several times, plowing straight through from Genesis to Revelation. But like many people who tend to be self-critical, Ann found it easier to absorb the harsher-sounding passages in the Bible than those that speak of God's love and compassion. Then one day, Ann listened as her friend Joan talked about a time in her life when she became convinced of God's love. Ann expected her friend to reveal something complicated and difficult, a tragedy perhaps that God had brought her through. But Joan had simply decided to set aside one month in which she would act as though God loved her. And that settled it for her—for good. In the months that followed, Ann decided to develop a remedial course in which she could reflect morning and evening on the most tender words of God in the Bible. She prayed that God's penetrating Word would transform her as she hunted through Scripture for words of mercy, compassion, peace, and protection. *The Tender Words of God* is the result of this process, offering ninety days of devotional readings on some of Scripture's most encouraging words. While the core of the book is Scripture, each week contains reflections and daily prayers that chronicle Ann's struggle to know God better. These are included not because she believes her quest is all that remarkable, but precisely because she knows it is ordinary, expressing as it does our common longing to love and be loved, especially by the One who made us. Ann invites you to join her on this journey to know God better, to let his tender words become like guardians at the beginning and at the end of each day, convincing you once and for all of his faithful, committed love.

praying the names of god a daily guide: **Praying the Names of God** Ann Spangler, 2004 Mercy, protection, blessing - these are the concrete promises, the gifts that belong to everyone who loves God's name. *Praying the Names of God* will lead you into a fresh experience of God's love and power by exploring the Hebrew names of God revealed in Scripture and then showing you how to pray them on a daily basis. By praying these divine names and titles and by understanding the

biblical context in which they were first revealed, you will gain a more intimate knowledge of God and his absolute faithfulness. El Shaddai, Elohim, Adonay - Through his names God reveals his character and his love. He is the Creator, the Everlasting God, the God Who Sees Me, the Lord Who Heals, The Lord My Rock, The Lord My Shepherd, and the Father who is calling us into a deeper, more satisfying relationship.

praying the names of god a daily guide: Guide to the Names of God Dianne M. Hancke, 2014-03-20 Ever wondered, Who in the world is God, anyway? I mean, what is He like? What are His characteristics? How can I get to know Him better? Furthermore, So what does all that have to do with me? Ever asked yourself, Why do some people pray in Jesus name, Amen! Yet, others pray using some of the names of God like El Shaddai, Adonai, LORD, Jehovah-Jireh, or Jehovah-Rophe? Well, you have come to the right place for two reasons: 1) You are not alone in your queries; most people ask these questions at some time or another. 2) This volume is a brief guide to over 300 of the names of God as revealed in the Bible in various translations and versions. Each names page displays the name, its language derivative, the story behind its first usage, and other scriptures where it may be found. Part I presents five El- Hebrew names of God. Part II overviews eleven Yahweh and Jehovah-Hebrew names of God. Part III showcases other names of God revealed in the Old Testament. Part IV lists various names of God unveiled in the New Testament. In this book you will find out more about Who God is, What God does and want to do for you, and how much God desires for you to know Him more intimately and to experience the abundant life He has destined for you. So, are you ready to begin your adventure? Lets do it!!

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praying the names of god a daily guide: Sitting at the Feet of Rabbi Jesus Ann Spangler, 2009-05-26 A rare chance to know Jesus as his first disciples knew him. What would it be like to journey back to the first century and sit at the feet of Rabbi Jesus as one of his Jewish disciples? How would your understanding of the gospel have been shaped by the customs, beliefs, and traditions of the Jewish culture in which you lived? Sitting at the Feet of Rabbi Jesus takes you on a fascinating tour of the Jewish world of Jesus, offering inspirational insights that can transform your faith. Ann Spangler and Lois Tverberg paint powerful scenes from Jesus' ministry, immersing you in the prayers, feasts, history, culture, and customs that shaped Jesus and those who followed him. You will hear the parables as they must have sounded to first-century Jews, powerful and surprising. You will join the conversations that were already going on among the rabbis of his day. You will watch with new understanding as the events of his life unfold. And you will emerge with new excitement about the roots of your own Christian faith. Sitting at the Feet of Rabbi Jesus will change the way you read Scripture and deepen your understanding of the life of Jesus. It will also help you to adapt the rich prayers and customs you learn about to your own life, in ways that both respect and enrich your Christian faith. By looking at the Jewishness of Jesus, Ann Spangler and Lois Tverberg take you on a captivating journey into the heart of Judaism, one that is both balanced and insightful, helping you to better understand and appreciate your own faith.

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praying the names of god a daily guide: Women of the Bible Ann Spangler, Jean E. Syswerda, 2015-09-22 Over 1 million copies sold! Gain a fresh perspective of God's amazing story through the eyes of fifty-two remarkable women in Scripture. This updated and expanded year-long devotional draws you into the stories of 52 prominent (and not-so-prominent) women in the Bible. From Eve to

the Proverbs 31 woman, you'll learn more about their struggles to live with faith and courage. And you'll see that their stories aren't far from our own. Each week, you'll learn: Her story—an inspirational portrait of this character's life. Her life and times—background information about the culture of her day. Her legacy in Scripture—a short Bible study on her life with application to your own. Her promise—the Bible's promises that apply to her life and yours. Her legacy of prayer—praying in light of her story. Perfect for personal prayer and Bible study or for use in small groups, *Women of the Bible* offers a new perspective that will strengthen your personal relationship with God and will give you a deeper appreciation for the women of faith who have come before us

praying the names of god a daily guide: *The Real Name of God* Rabbi Wayne Dosick, 2012-05-29 Reveals the real, whole name of God and its place within each of us • Explains how none of the God-names commonly used in the Bible is God's real name • Shows how the real name of God unites all religions from both West and East • Includes spiritual techniques, prayers, poems, and meditative chants to bring each of us into deep, personal, intimate, living relationship with God Of the many names of God commonly used in the Bible and other sacred literature, none is God's real name. Every God-name, including YHWH, reflects only one of God's many aspects, such as the loving creator, the militaristic authoritarian, or the all-knowing judge. None embodies the wholeness, the totality, the full Essence of God. Who then are we to speak to when we seek God? If you can't truly know something until you know its name, how can we truly know God? The culmination of years of translation research and etymological investigation, Rabbi Wayne Dosick's work digs through many layers of presumption and deeply ingrained beliefs to reveal the real name of God hiding in plain sight in the Bible: Anochi. He shows how this sacred name unites all religions--both of the West and the East. The name Anochi enables us to finally meet the whole, complete, real God--both the grand God of the vast universe and the God of breath, soul, and heart who dwells within each of us. This in-depth exploration of God's name includes spiritual techniques, poems, guided prayers, and meditative chants to bring each of us into personal, intimate, and purposeful relationship with God. By knowing the real name of God, we can affirm the connection to the Divine at the core of our being. We can touch the face of God that resides deep within us all.

praying the names of god a daily guide: *A Call to Love* Julie Holmquist, 2018-05-08 Are you considering or entering the adoption or foster care process? *A Call to Love* joins you in your journey, offering spirit-filled wisdom and encouragement through the first year with a new child. Devotional exercises will equip you to record your thoughts and emotions. You will also receive spiritual insights from many adoptive parents, including stories from people who have adopted from the foster-care system. As parents, we never know what to expect. That is all too true for many adoptive parents whose children are more prone to battle mental illness. Don't struggle alone! Through a variety of stories, you will receive strength and encouragement so you can seek appropriate help as needed. Author Julie Holmquist guides parents along the journey and vulnerably unpacks the struggles and joys of her own adoption stories. *A Call to Love* helps you fully prepare both emotionally and spiritually for the path God may be calling you to walk.

praying the names of god a daily guide: *The Prayer Manifesto for the Globally Conscious* Lischa T. Brooks, 2013 Our willingness and faithfulness to pray for others is the hallmark of an effective prayer life. Sometimes our prayers are hindered because we focus only on our needs or requests. But the church has been commissioned to make disciples of all nations, and it is the responsibility of each member to pray for others in our world. Well-organized and inspirational, *The Prayer Manifesto for the Globally Conscious* explores the importance of having a heart to pray for God's people across the world by denying ourselves and taking up our cross to follow God. Author Lischa T. Brooks uses scriptural examples and humorous, personal stories to illustrate how to develop an effective personal prayer life and focus on our responsibility to pray for others. In addition to finding a deeper purpose and understanding of prayer principles, you can learn how to:

- begin your prayer with worship;
- conduct an examination of your attitudes and actions;
- pray with the Word of God;
- take time to listen to the Father;
- establish prayer partners; and
- connect with a local church body.

Establishing a life of prayer requires more than just passion and desire; it

involves a commitment to applying the principles outlined in the Word of God every day. Develop a rich prayer life committed to God with The Prayer Manifesto for the Globally Conscious.

praying the names of god a daily guide: Wicked Women of the Bible Ann Spangler, 2015-09-22 What can Jezebel, the Bible's wickedest queen, reveal about God's holiness and power and even about his sense of humor? What about the Woman at the Well—the one with five husbands and a live-in lover? And what of the prostitute whose tears bathe the feet of Jesus in front of people who despise her? There are also "wicked good" women like Deborah, Ruth, Hannah, Abigail, Esther, Mary, and more. What do their lives tell us about God's invincible love and his determined plan to save us? In *Wicked Women of the Bible* Ann Spangler tells the stories of twenty wicked and "wicked good" women in greater detail. At the end of each story, Ann provides a brief section including additional historical and cultural background as well as a brief Bible study in order to enhance the book's appeal to both individuals and groups. The stories of these women of the Bible reveal a God who is not above it all but who stoops down to meet us where we are in order to extend his love and mercy.

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