

a walk in the woods bill bryson

A Walk in the Woods by Bill Bryson: Exploring Nature and Humor on the Appalachian Trail

a walk in the woods bill bryson is much more than just a travel memoir; it's an engaging, witty, and insightful narrative that invites readers into the world of long-distance hiking with a unique blend of humor and reverence for nature. In this book, Bryson chronicles his attempt to hike the Appalachian Trail, one of the longest continuous footpaths in the United States, stretching over 2,000 miles from Georgia to Maine. But beyond the physical journey, the book captures the emotional highs and lows, the quirky characters, and the unexpected challenges of tackling such an epic adventure.

If you've ever wondered what it's like to walk through dense forests, navigate rugged terrains, or simply disconnect from the hustle and bustle of everyday life, Bill Bryson's storytelling offers a compelling glimpse into that experience. Let's delve deeper into what makes **A Walk in the Woods** a beloved classic in travel literature and why it continues to inspire adventurers and armchair travelers alike.

The Story Behind A Walk in the Woods

Bill Bryson, an acclaimed author known for his humorous and informative writing style, decided to hike the Appalachian Trail somewhat on a whim. Despite his limited hiking experience and less-than-athletic physique, Bryson's curiosity and love for the outdoors propelled him to take on this daunting challenge. The narrative follows his journey, accompanied by his friend Stephen Katz, whose antics and contrasting personality add a delightful dynamic to the story.

Unlike typical hiking guides, **A Walk in the Woods** blends personal anecdotes with historical facts and environmental commentary. Bryson uses the trail as a backdrop to explore the natural beauty of the American wilderness, the history of the trail's creation, and the environmental threats it faces. This multifaceted approach enriches the reading experience, making it informative as well as entertaining.

Why the Appalachian Trail?

The Appalachian Trail, often referred to as the AT, is one of the most famous hiking trails in the world. Spanning 14 states, it traverses diverse landscapes including mountains, forests, and rivers. Bryson's choice to hike the AT was symbolic of a larger quest to reconnect with nature and challenge himself. His journey reflects the growing interest in outdoor adventures and the increasing popularity of thru-hiking — completing the entire trail in one continuous trip.

In the book, Bryson highlights the trail's historical significance, its role in promoting conservation, and the communities that thrive along its path. The AT serves as more than just a physical route; it becomes a metaphor for perseverance, self-discovery, and

environmental stewardship.

Humor and Humanity in Bill Bryson's Writing

One of the standout features of *A Walk in the Woods* is Bryson's signature humor. His ability to find comedy in frustrating situations, unexpected wildlife encounters, and even his own shortcomings makes the narrative relatable and engaging. Whether he's dealing with blisters, getting lost, or facing unpredictable weather, Bryson's lighthearted tone keeps readers entertained throughout.

Characters That Bring the Trail to Life

Stephen Katz, Bryson's hiking companion, is portrayed with affection and humor, embodying the lovable but often hapless sidekick. Their interactions provide a realistic glimpse into the challenges of hiking with a partner. Bryson also introduces readers to a host of other hikers, locals, and trail enthusiasts, each contributing to the rich tapestry of the Appalachian Trail community.

This focus on human connections adds warmth to the book and underscores the idea that hiking is not just a solitary endeavor but a shared experience filled with camaraderie and unexpected friendships.

Environmental Insights and Conservation Awareness

Beyond the humor and adventure, *A Walk in the Woods* offers valuable commentary on environmental issues. Bryson discusses the importance of preserving natural habitats, the impact of human activity, and the efforts of organizations dedicated to maintaining the Appalachian Trail. His observations encourage readers to appreciate the fragility of wilderness areas and the need for sustainable outdoor practices.

Lessons for Modern Hikers

Bryson's journey is a reminder that hiking is not only about physical endurance but also about respecting nature. Some practical tips gleaned from his experiences include:

- Preparing adequately for changing weather conditions
- Packing light but effectively
- Understanding local wildlife and safety precautions

- Practicing Leave No Trace principles to minimize environmental impact
- Being patient and adaptable when facing unexpected challenges

These insights remain relevant for anyone considering long-distance hiking or even shorter nature walks.

The Impact and Legacy of *A Walk in the Woods*

Since its publication, **A Walk in the Woods** has inspired countless readers to explore the outdoors and consider hiking as a form of recreation and personal growth. Bryson's approachable writing makes the wilderness accessible to those who might otherwise feel intimidated by the idea of long-distance hiking.

The book's success also helped raise awareness about the Appalachian Trail, contributing to increased support for trail maintenance and conservation initiatives. It serves as a bridge between casual readers and the hiking community, fostering a shared appreciation for America's natural landscapes.

Film Adaptation and Cultural Influence

The popularity of **A Walk in the Woods** extended beyond the page with a film adaptation released in 2015, starring Robert Redford as Bill Bryson and Nick Nolte as Stephen Katz. The movie brought the story to a broader audience and reignited interest in the Appalachian Trail.

This cultural footprint highlights how Bryson's narrative resonates across different media, blending humor, adventure, and environmental consciousness in a way that appeals to diverse audiences.

Why You Should Read *A Walk in the Woods*

Whether you're an avid hiker, a fan of travel literature, or someone seeking a humorous yet thoughtful read, **A Walk in the Woods** offers something special. It's a journey of discovery — both of the natural world and of one's own limits and resilience. Bryson's blend of storytelling, humor, and environmental insight creates a book that is educational, inspiring, and downright entertaining.

If you're curious about the challenges and joys of hiking the Appalachian Trail or simply want to experience a compelling adventure from the comfort of your home, this book is a perfect choice. It invites readers to slow down, appreciate the simple beauty of the woods, and maybe even consider their own walk in nature.

In the end, Bill Bryson's *'A Walk in the Woods'* reminds us that sometimes, stepping off the beaten path can lead to the most memorable and transformative experiences.

Frequently Asked Questions

What is the main theme of 'A Walk in the Woods' by Bill Bryson?

The main theme of 'A Walk in the Woods' is the adventure and challenges of hiking the Appalachian Trail, combined with humorous reflections on nature, friendship, and environmental conservation.

Who accompanies Bill Bryson on his hike in 'A Walk in the Woods'?

Bill Bryson is accompanied by his friend Stephen Katz, who provides much of the book's humor and dynamic through their contrasting personalities.

When was 'A Walk in the Woods' first published?

The book was first published in 1998.

What inspired Bill Bryson to write 'A Walk in the Woods'?

Bill Bryson was inspired to hike the Appalachian Trail and write the book after learning about the trail's history and wanting to experience America's natural beauty firsthand.

How does Bill Bryson describe the Appalachian Trail in his book?

Bryson describes the Appalachian Trail as both beautiful and challenging, highlighting its diverse landscapes, the wildlife, and the physical and mental obstacles faced by hikers.

Is 'A Walk in the Woods' purely a travelogue?

No, while it is a travelogue, the book also includes historical anecdotes, environmental commentary, and humorous personal stories, making it a multifaceted narrative.

Has 'A Walk in the Woods' been adapted into other media?

Yes, 'A Walk in the Woods' was adapted into a feature film in 2015, starring Robert Redford as Bill Bryson and Nick Nolte as Stephen Katz.

Additional Resources

****Exploring Nature and Narrative: An Analytical Review of *A Walk in the Woods* by Bill Bryson****

a walk in the woods bill bryson is more than just a travel memoir; it is a nuanced exploration of nature, human endurance, and the intricate history of one of America's most iconic trails. Bill Bryson's book chronicles his attempt to hike the Appalachian Trail with his friend Stephen Katz, weaving together humor, environmental insight, and a profound appreciation for the natural world. This analytical review delves into the core themes, narrative style, and cultural significance of **A Walk in the Woods**, while examining how Bryson's work has influenced the genre of nature writing and outdoor literature.

Understanding the Context of **A Walk in the Woods**

Published in 1998, **A Walk in the Woods** stands out as a seminal work in the landscape of travel and adventure literature. The Appalachian Trail, stretching over 2,190 miles from Georgia to Maine, provides the backbone of Bryson's story. The book documents the physical and psychological challenges encountered on this extensive journey, but it also serves as a platform for Bryson's reflections on environmental conservation and the American wilderness.

Bill Bryson, known for his witty and accessible prose, combines personal anecdote with well-researched facts, making the book appealing to a broad audience—both seasoned outdoors enthusiasts and casual readers. The narrative oscillates between humorous escapades and sobering commentary on the degradation of natural habitats, which adds layers to the storytelling.

The Appalachian Trail as a Character

Bryson's treatment of the Appalachian Trail transcends the role of a mere setting; the trail emerges as a living entity within the narrative. He describes the trail's origins, its maintenance by volunteers, and the diversity of ecosystems it traverses. This multifaceted portrayal enriches readers' understanding of the trail's ecological and cultural importance.

Moreover, Bryson contrasts his own urban background with the rawness of the wilderness, emphasizing the alienation many modern individuals feel from nature. His encounters with wildlife, other hikers, and the natural obstacles along the way highlight the complex relationship humans have with the environment.

Narrative Style and Literary Techniques

Bryson's writing in **A Walk in the Woods** is characterized by a conversational tone infused

with humor and irony. This approach demystifies the often romanticized experience of hiking long-distance trails, revealing both the joys and absurdities of such an endeavor.

The interplay between Bryson and Katz adds a dynamic element to the narrative. Katz's skeptical and sometimes grumpy personality contrasts with Bryson's more optimistic outlook, creating a balanced and relatable depiction of companionship under physical stress. This dual perspective allows readers to see the Appalachian Trail through different lenses.

Use of Humor and Informative Content

One of the book's distinctive features is its blend of comedic episodes with in-depth knowledge. Bryson injects humor into descriptions of everyday trail challenges — from blisters and bears to navigation errors — while also educating readers about the history of the trail and environmental issues.

This technique serves multiple purposes: it maintains reader engagement, softens potentially heavy ecological topics, and humanizes the author's experience. The result is a narrative that is both entertaining and enlightening.

Environmental and Cultural Reflections

Beyond the personal journey, **A Walk in the Woods** functions as a subtle call to environmental consciousness. Bryson highlights the threats facing the Appalachian Trail and surrounding wilderness areas, such as deforestation, invasive species, and the impact of urban sprawl.

His observations prompt readers to consider the broader implications of human activity on natural landscapes. By personalizing these issues through the lens of his hike, Bryson fosters a greater appreciation for conservation efforts.

Comparisons with Other Nature Writing

When compared to classic works like John Muir's **My First Summer in the Sierra** or Edward Abbey's **Desert Solitaire**, Bryson's narrative stands out for its accessibility and humor. While Muir and Abbey often adopt reverent or philosophical tones, Bryson's style is more casual and self-deprecating, which broadens the appeal.

Additionally, **A Walk in the Woods** differs from purely instructional hiking guides by focusing on the experiential and reflective aspects of long-distance hiking. This hybrid approach has influenced subsequent writers and popularized a more narrative-driven form of outdoor literature.

Impact and Legacy of **A Walk in the Woods**

Since its publication, **A Walk in the Woods** has sold millions of copies worldwide and has been credited with inspiring a surge of interest in the Appalachian Trail and thru-hiking in general. The book's success led to a 2015 film adaptation, which, while dramatized, further increased public awareness of the trail.

Bryson's candid storytelling and environmental advocacy have also contributed to broader discussions about sustainable tourism and outdoor recreation ethics. His book serves as a compelling reminder that wilderness areas are both fragile and vital to cultural identity.

Strengths and Limitations

- **Strengths:** Engaging prose, effective humor, well-researched environmental insights, strong character dynamics.
- **Limitations:** Some readers may find the episodic structure uneven; the focus on two hikers' perspectives may limit broader representation of diverse trail experiences.

Despite minor critiques, **A Walk in the Woods** remains a foundational text for anyone interested in combining travel narrative with environmental reflection.

The book's enduring popularity underscores its unique ability to entertain and inform, inviting readers not only to appreciate the beauty of the Appalachian Trail but also to contemplate their own relationship with the natural world. Bill Bryson's journey through the woods is as much a walk into human curiosity and vulnerability as it is a physical trek across miles of wilderness.

[A Walk In The Woods Bill Bryson](#)

a walk in the woods bill bryson: *A Walk in the Woods* Bill Bryson, 1998 The longest continuous footpath in the world, the Appalachian Trail stretches along the East Coast of the United States, from Georgia to Maine, through some of the most arresting and celebrated landscapes in America. At the age of forty-four, in the company of his friend Stephen Katz (last seen in the bestselling *Neither Here nor There*), Bill Bryson set off to hike through the vast tangled woods which have been frightening sensible people for three hundred years. Ahead lay almost 2,200 miles of remote mountain wilderness filled with bears, moose, bobcats, rattlesnakes, poisonous plants, disease-bearing ticks, the occasional chuckling murderer and - perhaps most alarming of all - people whose favourite pastime is discussing the relative merits of the external-frame backpack. Facing savage weather, merciless insects, unreliable maps and a fickle companion whose profoundest wish was to go to a motel and watch *The X-Files*, Bryson gamely struggled through the wilderness to achieve a lifetime's ambition - not to die outdoors.

a walk in the woods bill bryson: [A Walk in the Woods](#) Bill Bryson, 1999 A wry account by the

author of *The Lost Continent* traces an adventurous and arduous trek past the Appalachian Trail's natural pleasures, human eccentrics, and offbeat comforts.

a walk in the woods bill bryson: Summary of Bill Bryson's A Walk in the Woods Milkyway Media, 2024-01-24 Get the Summary of Bill Bryson's *A Walk in the Woods* in 20 minutes. Please note: This is a summary & not the original book. In *A Walk in the Woods*, Bill Bryson recounts his adventures and challenges while attempting to hike the Appalachian Trail (AT) after moving to New Hampshire. Captivated by the trail's promise of fitness, reconnection with nature, and survival skills, Bryson prepares for the hike, learning about the necessary gear and the trail's history. Despite the trail's completion in 1937, it has been subject to relocations and lacks the amenities originally envisioned. Bryson and his hiking companion, Katz, experience the stark contrast between the wilderness and civilization, indulging in the comforts of towns along the way...

a walk in the woods bill bryson: Bill Bryson Scott P. Richert, 2011 No one is born a famous writer, beloved and read by millions of teens and adults. Readers of the books in *Today's Writers and Their Works* will learn the story behind each writer's story: for example, how Amy Tan became a best-selling author with her first novel, even though she felt she could not write well; how Haruki Murakami closed his sports bar to fulfill his dream of writing full-time; how Bill Bryson's move to England facilitated his wry point of view. In addition to telling the writer's story, each book includes an in-depth examination of the most widely read works of each author. For literature lovers, aspiring writers, and those who have reports to write, there is no better source of information.

a walk in the woods bill bryson: A Walk in the Woods Bill Bryson, 2002-08-13 God only knows what possessed Bill Bryson, a reluctant adventurer if ever there was one, to undertake a gruelling hike along the world's longest continuous footpath—The Appalachian Trail. The 2,000-plus-mile trail winds through 14 states, stretching along the east coast of the United States, from Georgia to Maine. It snakes through some of the wildest and most spectacular landscapes in North America, as well as through some of its most poverty-stricken and primitive backwoods areas. With his offbeat sensibility, his eye for the absurd, and his laugh-out-loud sense of humour, Bryson recounts his confrontations with nature at its most uncompromising over his five-month journey. An instant classic, riotously funny, *A Walk in the Woods* will add a whole new audience to the legions of Bill Bryson fans.

a walk in the woods bill bryson: Quicklet on Bill Bryson's A Walk in the Woods: Rediscovering America on the Appalachian Trail Tiffanie Wen, 2012-02-16 ABOUT THE BOOK There was a time in my life when I wanted to be Bill Bryson, when I thought, If this is what a writer does, I want to be a writer. He has an uncanny knack for unearthing the hilarity in the most mundane and shoving it in your face, for meeting the most insufferable, strange, and fascinating people, for doling out the perfect amount of bitter sarcasm, and for otherwise educating readers in an incredibly entertaining way. He's the guy you want at your dinner party, who you'd trust as your precious phone-a-friend. I was in college the first time I stumbled upon the writer. I wandered into a small bookshop one sunny afternoon to kill some time. *A Walk in the Woods* was propped up in the travel writing section with a staff recommendation card that had "one of my ALL TIME faves" scrawled on it in thick black Sharpie ink. I half-wondered how a book with what I considered to be an unimpressive cover could be an ALL TIME fave, so I flipped to a random page and started reading. It's safe to say that within seconds I was smiling one of those broad, dopey smiles, and within minutes, giggling stupidly to myself. I'm pretty sure that I actually started to work up a sweat, as I stood there in the now deafeningly silent shop, reading in my overly warm university hoodie, suppressing my would-be shrieks. I've learned since then that Bryson should be read in the privacy of one's own home. Where one can feel free to snort, chuckle, guffaw, and otherwise revel in a cathartic case of the giggles. I used to read passages of Bryson out loud to a roommate of mine and can recall one particular scene from *Notes From a Small Island* that left us both short of breath for minutes. But it was with Bryson's 1998 bestseller that I had my first affair, and which has become, albeit very unoriginally, one of my all time faves. MEET THE AUTHOR Tiffanie Wen is a professional writer from the San Francisco Bay Area who's written for Newsweek, Flux Hawaii, Ode Magazine

and more. When she's not working, she enjoys exploring new places around the world and spending time with her dogs, Rocky and Benny. EXCERPT FROM THE BOOK After living in the UK for over 20 years, famed travel writer Bill Bryson relocated his family to Hanover, New Hampshire and discovered that the Appalachian Trail ran through his small town. He decided to hike the 2,100-mile long trail and acquired the company of his old friend Stephen Katz. Without taking notes on the trail, Bryson still managed to write the wildly popular travel book, published in 1998, that held a seemingly permanent residence on New York Times Bestseller list. A Walk in the Woods is quintessential Bryson, hilarious at times and frightening at others, he takes the layman out into the woods, without ever asking him to ever leave his home. In 2008, Robert Redford confirmed rumors that there are plans to develop A Walk in the Woods into a feature film, starring Redford as Bryson. Today, the book is still one of the most popular pieces of work written about the Appalachian Trail. Buy a copy to keep reading!

a walk in the woods bill bryson: From the Mist: A Life Restored by Nature Patrick Walter Herzog, 2017-09 For years, the trail of his life led through dense marshes, high mountain forests and steamy jungles. Then it stopped with just one word. Cancer. For the next seven years, Pat Herzog was pursued by chronic leukemia until undergoing life-threatening experimental treatment. Thereafter, he was relentlessly bushwhacked by fatigue and brain fog, skirting the edges of depression. Only by regaining his passion for nature was he finally able to overcome his fear of living. More than an authentic tale of illness, *From the Mist - A Life Restored By Nature* is a story of hardiness, faith and renewal. And it is tangible proof of the undeniable healing powers of nature....

a walk in the woods bill bryson: A Walk In The Woods Bill Bryson, 2010-03-02 'Short of doing it yourself, the best way of escaping into nature is to read a book like *A Walk in the Woods*.' New York Times In the company of his friend Stephen Katz (last seen in the bestselling *Neither Here nor There*), Bill Bryson set off to hike the Appalachian Trail, the longest continuous footpath in the world. Ahead lay almost 2,200 miles of remote mountain wilderness filled with bears, moose, bobcats, rattlesnakes, poisonous plants, disease-bearing ticks, the occasional chuckling murderer and - perhaps most alarming of all - people whose favourite pastime is discussing the relative merits of the external-frame backpack. Facing savage weather, merciless insects, unreliable maps and a fickle companion whose profoundest wish was to go to a motel and watch *The X-Files*, Bryson gamely struggled through the wilderness to achieve a lifetime's ambition - not to die outdoors. *A Walk in the Woods* is now a major feature film starring Robert Redford, Emma Thompson and Nick Offerman.

a walk in the woods bill bryson: Geometry of Grief Michael Frame, 2021-09-08 "With poignancy and audacity, Frame builds an unexpected bridge between mathematical beauty and human sorrow, illuminating both." —Francis Su, author of *Mathematics for Human Flourishing* We all know the euphoria of intellectual epiphany—the thrill of sudden understanding. But coupled with that excitement is a sense of loss: a moment of epiphany can never be repeated. In *Geometry of Grief*, mathematician Michael Frame draws on a career's worth of insight—including his work with a pioneer of fractal geometry Benoit Mandelbrot—as he delves into this understanding of loss. Grief, Frame reveals, can be a moment of possibility. Frame investigates grief as a response to an irrevocable change in circumstance. This reframing allows us to see parallels between the loss of a loved one and the loss of the elation of first understanding a tricky concept. From this foundation, Frame builds a geometric model of mental states. An object that is fractal, for example, has symmetry of magnification: magnify a picture of a mountain or a fern leaf—both fractal—and we see echoes of the original shape. Similarly, nested inside great loss are smaller losses. By manipulating this geometry, Frame shows us, we may be able to redirect our thinking in ways that help reduce our pain. Small-scale losses, in essence, provide laboratories to learn how to meet large-scale losses. Interweaving original illustrations, clear introductions to advanced topics in geometry, and wisdom gleaned from his own experience, Frame's poetic book is a journey through the beautiful complexities of mathematics and life. "Intriguing." —*Nature* "Poignant and beautiful." —Steven Strogatz, *New York Times* bestselling author of *Infinite Powers* "A wonderful memoir." —*Choice*

a walk in the woods bill bryson: The Appalachian Trail Philip D'Anieri, 2021 The conception

and building of the Appalachian Trail is a story of the unforgettable characters who explored it, defined it, and captured national attention by hiking it. D'Anieri provides backstories for the dreamers and builders who helped bring the Trail to life over the past century. A must-read for anyone who wonders about our relationship with the great outdoors. -- adapted from jacket

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a walk in the woods bill bryson: A Walk In The Woods , 2015 After spending two decades in England, Bill Bryson returns to the U.S., where he decides the best way to connect with his homeland is to hike the Appalachian Trail with one of his oldest friends.

a walk in the woods bill bryson: On the Move S. Rudolph Martin, 2009-02-10 In distinctive, engaging prose, S. R. Martin Jr. crafts the story of his forebears and their westward journey, begun even before the great black migration that occurred around the two world wars. By narrating the struggles and triumphs of his family—both paternal and maternal—during their move west, he illuminates an under-studied facet of African American history. As Martin explains it, he and his brother “arrived on the scene at the confluence of these family streams in time to catch a ride to the shining sea.” Students, scholars, and interested general readers of modern African American history and sociology will be greatly rewarded by reading this warm and vivid personal and family memoir.

a walk in the woods bill bryson: Teaching Ecocriticism and Green Cultural Studies G. Garrard, 2016-01-12 Ecocriticism is one of the most vibrant fields of cultural study today, and environmental issues are controversial and topical. This volume captures the excitement of green reading, reflects on its relationship to the modern academy, and provides practical guidance for dealing with global scale, interdisciplinarity, apathy and scepticism.

a walk in the woods bill bryson: Walking with Jason John F. Hunt, 2013-04 John Hunt is a kind and gregarious man. His eyes twinkle and his face beams. He is a retired businessman and still retains that drive. I met John the summer of 2000. He came for the graduation ceremony of the crew of students that Jason had led, and we talked. Jason had a difficult course which is common for new instructors. The next summer Jason emerged as a solid leader and had a wonderful course. Several months later while on a climbing vacation in British Columbia Jason took a tragic fall. His family's reaction was to create a foundation in Jason's name that supported his love of the outdoors. The Jason William Hunt Foundation had had tremendous impact on many people especially young people in transition who want to expand their horizons. This happens in an outdoor setting lead by

instructors like Jason. It happens every summer at the Wilderness School. John's only son, Jason, will forever be twenty-four years old. My son John is twenty-five. Our sons like many young men seek adventure. Parents care deeply about their children and the fear of losing a child dwells in all of us. How does a parent cope with the tragic loss of their beloved child? Walking with Jason is a quest to trace Jason's brief life as a young man. John becomes the youthful adventurer and visits Jason's world. John seemingly falls through the looking glass and discovers a mysterious and wonderful world inhabited by troubled adolescents, craggy Thru-hikers, idealistic outdoor leaders and others who visit nature's realm. Ultimately John's odyssey is a very personal journey of self-discovery and gives us a compass bearing on how to deal with the sudden loss of a child. I will forever be connected to Jason, Danielle, Amy, Rosemarie and John. Thank you for generous hearts and concern for youth. Tom Dyer, L.C.S.W. Instructor 1980 - 1983 Director Youth Wilderness School 1983-2009 Founding Director Wilderness School, East Hartland, CT 1990

a walk in the woods bill bryson: Dazed But Not Confused Kevin Callan, 2013-01-26 Entertaining, yet enlightening, Canada's Happy Camper presents his best adventures - and misadventures - in the wilderness. These captured moments of a life spent traveling in secluded areas and promoting their importance to all of us aren't just for outdoorsy types.

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a walk in the woods bill bryson: Love at First Hike Michelle Pugh, 2014-01-01 When recent graduate Michelle Pugh sets out to fulfill a childhood dream of hiking the A.T. from start to finish, she enjoys the bliss of being surrounded by nature, the peacefulness of small trail towns, and the companionship of fellow hikers.

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