

shamans mystics and doctors a psychological inquiry into india and its healing traditions new editi

****Shamans, Mystics, and Doctors: A Psychological Inquiry into India and Its Healing Traditions New Editi****

shamans mystics and doctors a psychological inquiry into india and its healing traditions new editi offers a fascinating exploration into the diverse and deeply rooted healing practices of India. This compelling work delves into the intersection of spirituality, psychology, and traditional medicine, highlighting how ancient wisdom continues to influence modern healing methods. For anyone intrigued by the rich tapestry of India's cultural heritage and its approach to health and well-being, this new edition brings fresh insights and a nuanced understanding of the roles that shamans, mystics, and doctors play in the psychological and physical restoration of individuals.

The Interplay of Tradition and Modernity in Indian Healing Systems

India's healing traditions are nothing short of a mosaic—intricately woven with threads of spirituality, indigenous knowledge, and scientific inquiry. The book "shamans mystics and doctors a psychological inquiry into india and its healing traditions new editi" sheds light on how ancient practices such as Ayurveda, yoga, and shamanic rituals coexist alongside contemporary medical treatments. This coexistence is not merely parallel but often intertwined, creating a unique paradigm where holistic health is more than just treating symptoms—it's about restoring balance to mind, body, and spirit.

Understanding Shamans in the Indian Context

In many tribal and rural parts of India, shamans serve as pivotal figures in community health. Unlike conventional doctors, shamans operate at the crossroads of the spiritual and the physical. They are believed to communicate with the spirit world, diagnose ailments that stem from spiritual imbalances, and prescribe rituals or herbal remedies to heal both the individual and their environment.

The psychological inquiry into these roles reveals that shamans often employ trance states, chanting, and symbolic acts that can induce altered states of consciousness. These practices provide therapeutic benefits by addressing mental distress, anxiety, and social disharmony—elements modern psychology increasingly recognizes as crucial to healing.

The Role of Mystics and Spiritual Healers

Mystics, often viewed as enlightened beings or sages, contribute immensely to India's healing traditions. Their approach goes beyond physical healing, focusing on self-realization, meditation, and

inner transformation. The "shamans mystics and doctors a psychological inquiry into india and its healing traditions new editi" emphasizes how mystics influence mental health through mindfulness practices and philosophies that reduce suffering by shifting one's perception of reality.

Many Indians turn to mystics for guidance on life's challenges, emotional turmoil, and existential questions—areas where clinical psychology and psychiatry may not always offer satisfactory answers. The mystic's role as a counselor and spiritual guide is integral to the holistic healing model prevalent in India.

Doctors and the Integration of Psychological Perspectives

India's medical doctors, especially those trained in Ayurveda and modern medicine, are increasingly recognizing the importance of psychological factors in health. The inquiry presented in this edition reveals a growing trend where psychological inquiry and traditional healing intersect, allowing doctors to adopt more personalized and culturally sensitive approaches to treatment.

Ayurvedic Medicine and Mind-Body Connection

Ayurveda, one of the world's oldest holistic healing systems, is grounded in the understanding that health is a balance of bodily humors (doshas), mental states, and environmental factors. Ayurvedic practitioners often incorporate meditation, dietary regulation, and herbal therapies to address both physical and psychological ailments.

In "shamans mystics and doctors a psychological inquiry into india and its healing traditions new editi," the psychological dimensions of Ayurveda are explored extensively. This system's emphasis on mental health as a key component of overall wellness aligns with contemporary psychological practices focusing on stress management, emotional regulation, and preventive care.

Modern Medicine's Psychological Integration

Mainstream medicine in India has traditionally focused on biological aspects of illness. However, recent decades have seen a shift toward integrating psychological care into physical health treatment, partly influenced by the country's rich healing traditions. Psychiatrists and psychologists collaborate with traditional healers to offer a more comprehensive healing experience.

The book highlights case studies where doctors incorporate spiritual counseling, meditation, and community support systems—practices often associated with mystics and shamans—to enhance patient outcomes. This interdisciplinary approach acknowledges that healing is multifaceted, involving not just symptoms but the patient's social and spiritual context.

Psychological Inquiry into Healing Rituals and Their Efficacy

One of the most compelling aspects of "shamans mystics and doctors a psychological inquiry into india and its healing traditions new editi" is its detailed examination of how rituals, symbolism, and belief systems influence psychological well-being. The book investigates why certain healing ceremonies, though seemingly unscientific by Western standards, produce tangible benefits.

The Power of Belief and Placebo Effects

Psychological research supports the idea that belief and expectation can significantly affect health outcomes. Shamans and mystics utilize this principle through rituals imbued with cultural meaning, which can trigger placebo effects that enhance the body's natural healing capabilities.

Community and Social Support in Healing

Healing in Indian traditions is often a communal affair rather than an isolated medical intervention. Rituals performed by shamans or mystics bring people together, fostering social cohesion and collective resilience. This community involvement itself is therapeutic, reducing feelings of isolation and enhancing emotional support networks.

Practical Insights for Modern Practitioners and Seekers

For practitioners of psychology, medicine, or those simply interested in holistic health, the book offers several valuable takeaways:

- **Cultural Sensitivity:** Understanding the cultural context of healing practices is crucial for effective treatment and communication.
- **Holistic Approach:** Incorporating spiritual and psychological dimensions into healthcare can lead to more comprehensive and lasting healing.
- **Mindfulness and Meditation:** These ancient practices have been scientifically validated for their psychological benefits and can be integrated into modern therapy.
- **Community Engagement:** Encouraging social support systems strengthens mental health and complements individual treatment plans.

Why the New Edition Matters

This updated edition of "shamans mystics and doctors a psychological inquiry into india and its healing traditions" comes at a time when global interest in alternative and integrative medicine is surging. It addresses contemporary challenges by bridging empirical research with traditional wisdom, making it an essential resource for scholars, healthcare professionals, and cultural enthusiasts alike. It not only documents India's healing heritage but also invites readers to reconsider the boundaries between mind, body, and spirit in the pursuit of health.

Exploring the dynamic roles of shamans, mystics, and doctors, the book encourages a dialogue between ancient practices and modern science, emphasizing that healing is ultimately a deeply personal and culturally embedded journey. This inquiry into psychological and spiritual dimensions enriches our understanding of health and opens new pathways for integrative healing approaches worldwide.

Frequently Asked Questions

What is the main focus of 'Shamans, Mystics, and Doctors: A Psychological Inquiry into India and Its Healing Traditions' New Edition?

The book explores the psychological and cultural aspects of traditional Indian healing practices, examining how shamans, mystics, and doctors contribute to health and healing in India.

Who is the author of 'Shamans, Mystics, and Doctors: A Psychological Inquiry into India and Its Healing Traditions' New Edition?

The book is authored by Arthur Kleinman, a renowned psychiatrist and anthropologist.

How does the book differentiate between shamans, mystics, and doctors in the context of Indian healing traditions?

The book discusses shamans as spiritual healers connected to indigenous beliefs, mystics as individuals with deep spiritual insight, and doctors as practitioners of both traditional and modern medicine, highlighting their distinct roles and overlaps.

What psychological concepts are explored in 'Shamans, Mystics, and Doctors' regarding healing in India?

The book explores concepts such as the placebo effect, the role of belief and ritual, mind-body connections, and the cultural shaping of illness and healing experiences.

How does the New Edition of 'Shamans, Mystics, and Doctors' update or expand upon the original publication?

The New Edition includes updated research, contemporary case studies, and reflections on changes in Indian healing practices influenced by globalization and modernization.

Why is 'Shamans, Mystics, and Doctors' considered important for understanding Indian healing traditions?

It provides an interdisciplinary perspective combining psychology, anthropology, and medicine to understand the complex healing systems in India, bridging traditional and modern approaches.

Does the book discuss the integration of traditional healing with modern medicine in India?

Yes, it examines how traditional healers and modern medical practitioners coexist, collaborate, and sometimes conflict within India's healthcare landscape.

What role do cultural beliefs play in the healing practices described in 'Shamans, Mystics, and Doctors'?

Cultural beliefs are central, shaping how illness is perceived, the meaning assigned to symptoms, and the acceptance of various healing methods.

Can 'Shamans, Mystics, and Doctors' be useful for practitioners outside of India?

Absolutely, the book offers insights into cross-cultural healing practices and psychological approaches that are valuable for global health professionals and anthropologists.

What audience is 'Shamans, Mystics, and Doctors: A Psychological Inquiry into India and Its Healing Traditions' New Edition' intended for?

It is aimed at psychologists, anthropologists, medical professionals, students, and anyone interested in traditional medicine and cultural dimensions of healing.

Additional Resources

****Shamans, Mystics and Doctors: A Psychological Inquiry into India and Its Healing Traditions New Edition****

shamans mystics and doctors a psychological inquiry into india and its healing traditions new editi offers a profound exploration into the complex interplay of traditional healing practices, spirituality, and modern medicine within the Indian context. This work delves into the psychological

underpinnings of healing rituals and the cultural significance of shamans, mystics, and doctors, providing a nuanced understanding of how ancient traditions coexist and interact with contemporary medical paradigms. The new edition enriches this discourse by incorporating recent research and updated perspectives on India's diverse healing landscape.

Unveiling the Layers of Healing: Shamans, Mystics, and Doctors in India

India's healing traditions are a tapestry woven from millennia-old practices, spiritual beliefs, and evolving scientific insights. The book "shamans mystics and doctors a psychological inquiry into india and its healing traditions new editi" examines this rich mosaic by focusing on three archetypes: shamans, mystics, and doctors. Each represents a unique approach to health and wellbeing, shaped by differing epistemologies and cultural frameworks.

Shamans in India, often regarded as intermediaries between the physical and spiritual realms, employ rituals, chants, and trance states to diagnose and cure ailments believed to have metaphysical origins. Mystics, on the other hand, emphasize inner transformation, meditation, and spiritual enlightenment as pathways to healing. Meanwhile, doctors—ranging from traditional Ayurvedic practitioners to Western-trained physicians—rely on empirical knowledge and pharmacology, often blending multiple methodologies.

This psychological inquiry probes how these figures function not only as healers but as custodians of cultural identity and psychological resilience. Their roles extend beyond mere symptom management to addressing existential concerns and societal cohesion.

Psychological Dimensions of Traditional Healing

A critical theme explored in the new edition is the psychological impact of healing traditions on patients. Rituals performed by shamans often induce altered states of consciousness, which can facilitate catharsis, emotional release, and a sense of connection with the community and cosmos. Such psychological mechanisms are essential in understanding why these practices persist despite advances in biomedicine.

The mystic's approach, rooted in contemplative practices, offers patients a framework for finding meaning in suffering. This existential dimension can be therapeutic in itself, fostering resilience and reducing anxiety. From a psychological perspective, these healing modalities engage the mind's capacity to influence bodily health through belief, expectation, and emotional integration.

Comparative Perspectives: Traditional vs. Modern Medicine

The interaction between traditional healers and doctors in India presents a fascinating case study in medical pluralism. "Shamans mystics and doctors a psychological inquiry into india and its healing traditions new editi" evaluates how these systems coexist, sometimes collaborate, and occasionally conflict. For example, Ayurveda, India's ancient medical system, shares a holistic outlook that

resonates with both mystics and modern doctors interested in integrative health.

However, the book also highlights challenges, such as skepticism from the biomedical community toward shamanic practices, and the potential for miscommunication between practitioners of different paradigms. Despite this, the coexistence often enriches patient options, allowing for personalized healing journeys that address physical, mental, and spiritual needs.

Exploring Healing Modalities in India

Shamanic Practices: Bridging the Physical and Spiritual

Shamanic healing in India is deeply embedded in tribal and rural cultures, where shamans serve as spiritual guides and medical practitioners. Their methods often involve herbal remedies, spirit invocation, and ritualistic dance, which collectively aim to restore balance between the individual and the environment.

The psychological efficacy of these practices lies in their ability to create a narrative that contextualizes illness within a broader cosmic order. This narrative helps patients reinterpret their suffering, reducing feelings of helplessness and isolation.

Mysticism and Inner Healing

Mystics in India, including yogis and sages, emphasize self-realization as a path to healing. Meditation, pranayama (breath control), and mantras are tools used to calm the mind and harmonize bodily functions. Such practices have gained scientific validation for their role in stress reduction and immune system enhancement.

By incorporating mystical traditions into therapeutic contexts, modern practitioners recognize the value of spiritual wellbeing as a component of holistic health. This integration reflects a growing acknowledgment of the mind-body connection in medical science.

Doctors and the Evolution of Medical Practice

Modern Indian doctors operate at the crossroads of tradition and innovation. Many incorporate Ayurveda and other indigenous knowledge systems alongside allopathic medicine. The psychological inquiry in the new edition underscores how doctors' openness to cultural healing practices can improve patient trust and compliance.

In urban centers, hospitals increasingly offer integrative services, blending diagnostic technology with traditional therapies. This trend exemplifies a pragmatic approach to healthcare that respects cultural heritage while embracing scientific rigor.

Implications for Global Health and Psychological Research

The insights presented in "shamans mystics and doctors a psychological inquiry into india and its healing traditions new editi" extend beyond India's borders. They challenge Western-centric medical models by foregrounding the significance of spirituality, community, and cultural narratives in health.

For psychological research, this work advocates for a broader lens that includes non-Western healing systems as valid sources of knowledge. Understanding how shamans and mystics contribute to mental health can inspire innovative therapeutic techniques that address the whole person rather than isolated symptoms.

Strengths and Limitations of Healing Traditions

- **Strengths:** Holistic care, cultural resonance, psychological comfort, community support, and integration of mind-body-spirit.
- **Limitations:** Potential for delayed biomedical treatment, variability in healer qualifications, challenges in standardization, and occasional conflicts with scientific evidence.

The balance between preserving traditions and ensuring safety and efficacy remains a central concern for policymakers and healthcare providers alike.

Future Directions in Healing and Psychological Inquiry

The evolving landscape of health in India suggests a future where shamans, mystics, and doctors increasingly collaborate. Digital technologies and cross-disciplinary research can document and validate traditional methods, making them accessible to wider populations.

Ongoing psychological inquiry will benefit from this enriched dialogue, fostering models of care that are culturally sensitive, scientifically sound, and psychologically empowering.

As "shamans mystics and doctors a psychological inquiry into india and its healing traditions new editi" reveals, India's healing traditions offer invaluable lessons on the complexity of human health—lessons that resonate with global efforts to redefine medicine in the 21st century.

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traditions new editi: *Shamans, Mystics, and Doctors* Sudhir Kakar, 2013-04-03 Shamans, Mystics and Doctors is a detailed and thoroughly fascinating account of the many ways in which the ancient healing traditions of India—embodied in the rituals of shamans, the teachings of gurus and the precepts of the school of medicine known as Ayurveda—diagnose and treat emotional disorder. Drawing on three years of intensive fieldwork and his own psychoanalytic training and experience, Sudhir Kakar takes us into a world of Islamic mosques and Hindu temples, of assembled multitudes, and dingy, out-of-the-way consultation rooms... a world where patients and healers blame evil spirits for emotional disturbances... where dreams and symptoms that would be familiar to Freud are interpreted in terms of a myriad of deities and legends... where trance-like “dissociation states” are induced to bring out and resolve the conflicts of repressed anger, lust and envy... where proper grooming, diet, exercise and conduct are (and have been for centuries) seen as essential to the preservation of a healthy mind and body. As he witnesses the practitioners and their patients, as he elucidates the therapeutic systems on which their encounters are based, as he contrasts his own Western training and biases with evidence of his eyes (and the sympathies of his heart), Kakar reveals the universal concerns of these individuals and their admittedly foreign cultures—people we can recognize and feel for, people (like their Western counterparts) trying to find some balance between the pressures and rewards of the external world and the fantasies and desires of the internal. This is a major work of cultural interpretation, a book that challenges (and should enhance) our understanding of therapy, mental health and individual freedom.

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traditions new editi: *Winged Faith* Tulasi Srinivas, 2010 The Sathya Sai global civil religious movement incorporates Hindu and Muslim practices, Buddhist, Christian, and Zoroastrian influences, and New Age-style rituals and beliefs. Shri Sathya Sai Baba, its charismatic and controversial leader, attracts several million adherents from various national, ethnic, and religious backgrounds. In a dynamic account of the Sathya Sai movement's explosive growth, *Winged Faith* argues for a rethinking of globalization and the politics of identity in a religiously plural world. This study considers a new kind of cosmopolitanism located in an alternate understanding of difference and contestation. It considers how acts of sacred spectating and illusion, moral stakeholding and the problems of community are debated and experienced. A thrilling study of a transcultural and transurban phenomenon that questions narratives of self and being, circuits of sacred mobility, and the politics of affect, *Winged Faith* suggests new methods for discussing religion in a globalizing world and introduces readers to an easily critiqued yet not fully understood community.

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traditions new editi: *Ethnomedicine and Tribal Healing Practices in India* Sunita Reddy, Nemthianngai Guite, Bamdev Subedi, 2023-02-19 This book examines various aspects of ethnomedicine and tribal healing practices, including its importance for inclusion and integration from a health systems perspective. Tribal healing practices is an under-studied component in healthcare system, health policy and health systems research. The book consists of original research papers based on empirical studies done by anthropologists, sociologists, public health practitioners and research scientists in various parts of India. It discusses issues of non-codified folk healing, with a focus on the therapeutic ideas and practices of tribal communities, located in anthropological theory and methods. It has a balance of empirical papers, review and theoretical papers, not only explaining ‘what is inside the healing practices’ but also touching upon the question of ‘why’ and delving into ‘what should be’ looking into the possibility to apply it for a larger good i.e., health care for all. This book discusses several important issues related to legitimacy, evidence and efficacy, recognition, certification and integration, protection and preservation, bio-piracy and bioprospecting, benefit sharing and intellectual property rights, sustainable use of medicinal herbs and conservation of nature and natural resources, biodiversity and possibilities of mainstreaming tribal healing. It is of interest to students and researchers from medical anthropology, medical

sociology, cultural geography, liberal studies, tribal studies, ecology, sustainability and development and public health.

shamans mystics and doctors a psychological inquiry into india and its healing traditions new editi: **Rethinking the Mahabharata** Alf Hiltebeitel, 2001-10-30 The ancient Indian Sanskrit tradition produced no text more intriguing, or more persistently misunderstood or underappreciated, than the Mahabharata. Its intricacies have waylaid generations of scholars and ignited dozens of unresolved debates. In *Rethinking the Mahabharata*, Alf Hiltebeitel offers a unique model for understanding the great epic. Employing a wide range of literary and narrative theory, Hiltebeitel draws on historical and comparative research in an attempt to discern the spirit and techniques behind the epic's composition. He focuses on the education of Yudhishthira, also known as the Dharma King, and shows how the relationship of this figure to others-especially his author-grandfather Vyasa and his wife Draupadi-provides a thread through the bewildering array of frames and stories embedded within stories. Hiltebeitel also offers a revisionist theory regarding the dating and production of the original text and its relation to the Veda. No ordinary reader's guide, this volume will illuminate many mysteries of this enigmatic masterpiece. This work is the fourth volume in Hiltebeitel's study of the Draupadi cult. Other volumes include *Mythologies: From Gingee to Kuruksetra* (Volume One), *On Hindu Ritual and the Goddess* (Volume Two), and *Rethinking India's Oral and Classical Epics* (Volume Three).

shamans mystics and doctors a psychological inquiry into india and its healing traditions new editi: *Handbook of Critical Psychology* Ian Parker, 2015-04-17 Choice Recommended Read Critical psychology has developed over time from different standpoints, and in different cultural contexts, embracing a variety of perspectives. This cutting-edge and comprehensive handbook values and reflects this diversity of approaches to critical psychology today, providing a definitive state-of-the-art account of the field and an opening to the lines of argument that will take it forward in the years to come. The individual chapters by leading and emerging scholars plot the development of a critical perspective on different elements of the host discipline of psychology. The book begins by systematically addressing each separate specialist area of psychology, before going on to consider how aspects of critical psychology transcend the divisions that mark the discipline. The final part of the volume explores the variety of cultural and political standpoints that have made critical psychology such a vibrant contested terrain of debate. The *Handbook of Critical Psychology* represents a key resource for researchers and practitioners across all relevant disciplines. It will be of particular interest to students and researchers in psychology, psychosocial studies, sociology, social anthropology and cultural studies, and to discourse analysts of different traditions, including those in critical linguistics and political theory.

shamans mystics and doctors a psychological inquiry into india and its healing traditions new editi: *The Hindu Nationalist Movement and Indian Politics* Christophe Jaffrelot, 1999 Although The Peaceful, Inward-Looking Doctrine Of The Hindu Religion Hardly Seems To Lend Itself To Endemic Nationalism, A Phenomenal Surge Of Militant Hinduism Has Taken Place Over The Last Ten Years In India. Indeed, The Electoral Success Of The Hindu Nationalist Bharatiya Janata Party (Bjp) Has Proven Beyond Doubt That These Forces Now Pose A Significant Threat To India S Secular Character. In A Historically Rich, Detailed Account Of The Hindu Nationalist Movement In India Since The 1920S, Christopher Jaffrelot Explores How Rapid Changes In The Political, Social, And Economic Climate Have Made India Fertile Soil For The Growth Of The Primary Arm Of Hindu Nationalism, A Paramilitary-Style Group Known As The Rashtriya Swayamsevak Sangh (Rss), Together With Its Political Offshoots. He Shows How The Hindu Movement Uses Religion To Enter The Political Sphere, And Argues That The Ideology They Speak For Has Less To Do With Hindu Philosophy Than With Ethnic Nationalism The Hindu Nationalist Movement And Indian Politics Makes A Major Contribution To The Study Of The Genesis And Development Of Religious Nationalism, And Is Essential Reading For Anyone Who Seeks To Comprehend The Spread Of Endemic Conflict.

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traditions new editi: *Between the Sea and the Sky* P. T. Mathew SJ, 2020-05-05 *Between the Sea and the Sky* is an inquiry into the religious world of a traditional fishing community on the Southwest coast of India. It explores the vital role religious and spiritual beliefs play in sustaining people in such a precarious, even deadly occupation. Despite periodic natural calamities and the extreme challenges that accompany their everyday lives, a remarkable spirit of resilience is evident in this coastal community. Using the concept of 'lived religion,' Mathew explores the theological, religious, and spiritual contours of this remarkable community, and draws from them broader insights into the nature of belief.

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traditions new editi: *The Oxford Handbook of the History of Medicine* Mark Jackson, 2011-08-25 In three sections, the Oxford Handbook of the History of Medicine celebrates the richness and variety of medical history around the world. It explore medical developments and trends in writing history according to period, place, and theme.

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traditions new editi: *The Psychodynamics of Medical Practice* Howard F. Stein, 2023-11-15 This title is part of UC Press's Voices Revived program, which commemorates University of California Press's mission to seek out and cultivate the brightest minds and give them voice, reach, and impact. Drawing on a backlist dating to 1893, Voices Revived makes high-quality, peer-reviewed scholarship accessible once again using print-on-demand technology. This title was originally published in 1985.

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traditions new editi: *The Self Possessed* Frederick M. Smith, 2006 *The Self Possessed* is a multifaceted, diachronic study reconsidering the very nature of religion in South Asia, the culmination of years of intensive research. Frederick M. Smith proposes that positive oracular or ecstatic possession is the most common form of spiritual expression in India, and that it has been linguistically distinguished from negative, disease-producing possession for thousands of years. In South Asia possession has always been broader and more diverse than in the West, where it has been almost entirely characterized as demonic. At best, spirit possession has been regarded as a medically treatable psychological ailment and at worst, as a condition that requires exorcism or punishment. In South (and East) Asia, ecstatic or oracular possession has been widely practiced throughout history, occupying a position of respect in early and recent Hinduism and in certain forms of Buddhism. Smith analyzes Indic literature from all ages-the earliest Vedic texts; the Mahabharata; Buddhist, Jain, Yogic, Ayurvedic, and Tantric texts; Hindu devotional literature; Sanskrit drama and narrative literature; and more than a hundred ethnographies. He identifies several forms of possession, including festival, initiatory, oracular, and devotional, and demonstrates their multivocality within a wide range of sects and religious identities. Possession is common among both men and women and is practiced by members of all social and caste strata. Smith theorizes on notions of embodiment, disembodiment, selfhood, personal identity, and other key issues through the prism of possession, redefining the relationship between Sanskrit and vernacular culture and between elite and popular religion. Smith's study is also comparative, introducing considerable material from Tibet, classical China, modern America, and elsewhere. Brilliant and persuasive, *The Self Possessed* provides careful new translations of rare material and is the most comprehensive study in any language on this subject.

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traditions new editi: *Indian Women Novelists and Psychoanalysis* Mittapalli Rajeshwar, 1998 *Neurosis Reminds Us Of The Fact That There Is A Seamy Side To Our Civilization. Society Compels Every Individual To Repress Instinctual Urges And The Desire For The Free Exercise Of Will, All In The Name Of Upholding Its Ideals And Expectations Which Are Very Often Oppressive And*

Anti-Human. If The Individual Is Too Ill-Equipped To Oppose The Societal Sanctions Openly He Or She Will Find An Alternative In Neurosis Because It Is A Form Of Protest Among Other Things. Neurosis Is Thus Invested With Profound Psychological And Social Significance. It Is Basically Subversive. Indian Society Continues To Be Rigid And Conservative And The Repression One Has To Put Up With Is Often Very Severe. Women Especially Bear The Brunt Of It As The Social Norms And Moral Codes Are Heavily Loaded Against Them. It Is Against This Background That Some Of The Indian Women Novelists In English Have Fictionally Treated The Neurotic Suffering Of Susceptible Characters. Through This Fictional Endeavour They Seem To Underscore The Need For Subverting The Present Oppressive Value System In Order To Make Way For A Humane Social Order. This Book Proposes To Discuss The Neurotic Characters Of The Indian Women Novelists In The Light Of Freudian And Post-Freudian Psychoanalysis Which Has Equipped The Modern Literary Critic With Remarkable Knowledge Of The Inner Struggles Of Literary Characters And Other Aspects Of The Literary Product. The Novels Studied Here Are: Anita Desai *S Cry*, *The Peacock* And *Where Shall We Go This Summer?*, Bharati Mukherjee *S Wife*, Kamala Markandaya *S A Silence Of Desire*, Shashi Deshpande *S That Long Silence*, Ruth Praver Jhabvala *S Get Ready For Battle*, Nergis Dalal *S The Inner Door* And Nayantara Sahgal *S The Day In Shadow*. Apart From This, The Book Contains A Chapter And An Appendix Which Prespectivise And Discuss In Detail Freudian Psychoanalysis, Characters And Neurosis, And Indian Women Novelists In English. Psychoanalytic Critical Study Of Literary Works Is Limited To A Few Stray Articles In India. This Book Is, In Fact, The First Full-Length Psychoanalytic Critical Study Of Indian Fiction In English.

shamans mystics and doctors a psychological inquiry into india and its healing traditions new editi: Recent Advances in Indian Medical Anthropology P.C. Joshi, Chakraverti Mahajan, 2021-01-01 Medical Anthropology is one of the fastest growing sub-disciplines of anthropology. At a time, when traditional medicines and alternative and complementary medicines are creating an important space within the domain of health care, medical anthropology with its specialized methodology and holistic perspective is becoming crucial subject. In Indian context, the creation of separate Ministry of AYUSH and importance given to traditional knowledge in the field of medicines has necessitated that the scattered knowledge located in the remote tribal and isolated rural areas be compiled and consolidated. This volume provides multifaceted insights into the current research in Medical Anthropology in India. Providing inputs from seasoned as well as budding anthropologists, it discusses the issues of disciplinary discourses, healing strategies, mental health and well-being, gender and health and health policy in diverse contexts.

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central role in Bengali devotion. In *The Madness of the Saints*, June McDaniel undertakes the first comprehensive study of religious ecstasy in Bengal, examining the texts that describe it, the people who experience it, and the traditions that support it.

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shamans mystics and doctors a psychological inquiry into india and its healing traditions new editi: Medical Marginality in South Asia David Hardiman, Projit Bihari Mukharji, 2013-05-07 Examining the world of popular healing in South Asia, this book looks at the way that it is marginalised by the state and medical establishment while at the same time being very important in the everyday lives of the poor. It describes and analyses a world of 'subaltern therapeutics' that both interacts with and resists state-sanctioned and elite forms of medical practice. The relationship is seen as both a historical as well as ongoing one. Focusing on those who exist and practice in the shadow of statist medicine, the book discusses the many ways in which they try to heal a range of maladies, and how they experience their marginality. The contributors also provide a history of such therapeutics, in the process challenging the widespread belief that such 'traditional' therapeutics are relatively static and unchanging. In focusing on these problems of transition, they open up one of the central concerns of subaltern historiography. This is an important contribution to the history of medicine and society, and subaltern and South Asian studies.

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