

bible study on self control

****Bible Study on Self Control: Cultivating Strength Through Scripture****

bible study on self control opens a profound door to understanding how this vital fruit of the Spirit can transform our lives. Self control is more than just resisting temptation—it's a discipline that shapes character, guides decisions, and strengthens our walk with God. As we explore biblical insights and practical applications, we uncover how self control empowers us to live purposefully and reflect Christ's love in everyday moments.

Understanding Self Control in the Bible

Self control, as defined in Scripture, is the ability to govern our desires, impulses, and emotions through the power of the Holy Spirit. It's a key aspect of spiritual maturity and is often mentioned alongside other virtues like patience, kindness, and faithfulness. Unlike mere self-discipline, biblical self control is deeply rooted in a relationship with God, enabling believers to overcome challenges and live according to His will.

What Does the Bible Say About Self Control?

The Bible offers numerous verses that highlight the importance of self control:

- ****Galatians 5:22-23**** speaks of self control as a fruit of the Spirit: "But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law."
- ****2 Timothy 1:7**** reminds us, "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."
- ****Proverbs 25:28**** compares a person without self control to "a city whose walls are broken through," illustrating the vulnerability that comes with lack of discipline.

These passages emphasize that self control is not an innate human trait but a spiritual gift and responsibility. It protects us from destructive behaviors and helps to maintain integrity in our faith journey.

The Role of Self Control in Christian Living

Living a life marked by self control means making daily choices that align with God's purposes rather than fleeting desires or societal pressures. It is a practical demonstration of faith and trust in God's plan.

Self Control and Temptation

One of the most common challenges believers face is resisting temptation. The Bible acknowledges that temptation is real and persistent, but it also assures us of God's provision for overcoming it:

- **1 Corinthians 10:13** states, "No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it."

Through a bible study on self control, believers learn how to identify triggers, rely on prayer, and use Scripture as a weapon against temptation. Developing self control is essential to avoid spiritual pitfalls and maintain

Frequently Asked Questions

What does the Bible say about self-control?

The Bible emphasizes self-control as a fruit of the Spirit in Galatians 5:22-23, highlighting it as essential for living a righteous and disciplined life.

Why is self-control important in a Christian's life?

Self-control helps Christians resist temptation, make wise decisions, and grow spiritually, reflecting Christ-like character as taught in Proverbs 25:28 and 2 Timothy 1:7.

Which Bible verses can help me develop self-control?

Key verses include Proverbs 25:28, Galatians 5:22-23, 1 Corinthians 9:24-27, 2 Timothy 1:7, and Titus 2:11-12, all encouraging discipline and restraint.

How can I pray for self-control according to the Bible?

You can pray for strength and guidance, asking God to help you overcome desires and impulses, as Jesus taught in Matthew 26:41 to watch and pray to avoid temptation.

What role does the Holy Spirit play in cultivating self-control?

The Holy Spirit empowers believers to exhibit self-control as a fruit of the Spirit (Galatians 5:22-23), helping them live according to God's will rather than fleshly desires.

Can self-control be developed through Bible study?

Yes, studying Scripture provides wisdom and encouragement to practice self-control, renew the mind (Romans 12:2), and rely on God's strength to overcome challenges.

How does self-control relate to other virtues in the Bible?

Self-control is interconnected with patience, humility, and love, forming a foundation for a godly life as seen in Galatians 5:22-23 and 2 Peter 1:5-7, promoting overall spiritual growth.

Additional Resources

Bible Study on Self Control: An Analytical Review of Biblical Teachings and Practical Applications

bible study on self control offers a profound exploration into one of the most vital virtues emphasized throughout Scripture. Self-control, often defined as the ability to regulate one's emotions, desires, and actions, holds a prominent place in Christian theology and practical discipleship. This article investigates the biblical foundations of self-control, analyzes its significance in personal and communal contexts, and examines relevant scripture passages to provide a comprehensive understanding for believers and scholars alike.

The Biblical Foundation of Self Control

Self-control is intricately woven into the fabric of biblical ethics. In both the Old and New Testaments, it is presented not merely as a personal attribute but as a fruit of spiritual maturity and divine influence. The Apostle Paul, in his epistles, frequently highlights self-control as essential for living a life pleasing to God. For instance, Galatians 5:22-23 lists self-control among the fruits of the Spirit, placing it alongside love, joy, peace, and patience. This positioning underscores that self-control is not solely a human effort but a spiritual gift cultivated through relationship with God.

Moreover, the wisdom literature, such as Proverbs, offers practical insights into self-control by linking it to wisdom and discernment. Proverbs 25:28 likens a person without self-control to "a city broken into and left without walls," illustrating the vulnerability and chaos that can result from a lack of restraint. This metaphor provides a vivid image of the protective role self-control plays in maintaining moral and social order.

Self Control in the New Testament Context

The New Testament expands on the concept of self-control by associating it with the believer's transformation in Christ. In 2 Timothy 1:7, Paul writes, "For God gave us a spirit not of fear but of power and love and self-control." Here, self-control is portrayed as a divine empowerment rather than a mere human discipline, suggesting that spiritual strength is necessary to overcome fear and temptation.

Additionally, 1 Corinthians 9:24-27 uses the analogy of an athlete exercising strict discipline to win a prize, highlighting the intentional and rigorous nature of self-control in the Christian life. This comparison emphasizes the proactive and purposeful effort required to develop self-restraint, linking it to perseverance and goal-oriented living.

The Role of Self Control in Christian Living

Self-control is fundamental for ethical behavior and spiritual growth. Its role extends beyond individual piety to influence relationships, community dynamics, and societal engagement. The Bible repeatedly encourages believers to exercise self-control to avoid sin, maintain integrity, and reflect Christ's character.

Practical Implications of Self Control

In practical terms, self-control helps believers resist temptations such as anger, greed, lust, and gluttony—issues addressed in various biblical texts. For example, James 1:19 advises believers to be "quick to listen, slow to speak, slow to anger," which directly relates to disciplined emotional regulation. This scriptural guidance demonstrates that self-control is not abstract but applicable to daily behavior and interactions.

Furthermore, in community settings, self-control fosters unity and peace. Romans 12:18 urges believers to live "at peace with everyone," a pursuit that often requires controlling impulses for conflict or pride. Self-control thus acts as a social lubricant, enabling believers to navigate interpersonal challenges with grace.

Self Control and Spiritual Warfare

Another dimension of biblical self-control is its role in spiritual warfare. Ephesians 6:10-18 describes the believer's armor, which includes truth, righteousness, and faith, implying that self-control is part of the spiritual defenses against temptation and evil influences. Maintaining self-control preserves one's focus on God's will and guards against succumbing to sin.

The struggle for self-control is acknowledged within the Bible as an ongoing battle. Paul's candid admission in Romans 7:15-25 about the conflict between the flesh and the spirit illustrates the human difficulty in consistently exercising self-restraint. This honest portrayal encourages believers to rely on God's grace and the Holy Spirit's guidance rather than solely on their own strength.

Comparative Perspectives and Contemporary Relevance

While the Bible offers a distinctively spiritual framework for self-control, it also aligns with broader psychological and ethical understandings of the virtue. Modern psychology defines self-control as executive function—the ability to regulate attention, emotions, and behaviors—which correlates with biblical insights about discipline and restraint.

In contemporary society, where distractions and impulsive behaviors are prevalent, the biblical call to self-control resonates deeply. Social media, consumerism, and instant gratification culture often challenge traditional notions of discipline. A bible study on self control provides timeless principles that counteract these trends by emphasizing the development of inner strength and moral clarity.

Advantages and Challenges in Practicing Biblical Self Control

The benefits of cultivating self-control as taught in Scripture include improved decision-making, healthier relationships, and increased spiritual fulfillment. Believers who practice self-control often experience a greater sense of peace and purpose, aligning their lives more closely with divine intentions.

However, challenges persist. Self-control can be misunderstood as repression or legalism, potentially leading to guilt or burnout if pursued without grace. The Bible's holistic approach, combining self-discipline with reliance on God's Spirit, offers a balanced pathway that avoids these pitfalls.

- **Advantages:** Enhances moral integrity, supports spiritual growth, promotes social harmony.
- **Challenges:** Requires continual effort, risks misinterpretation, dependent on spiritual empowerment.

Integrating Bible Study on Self Control into Daily Life

For individuals and study groups looking to deepen their understanding of self-control, structured bible study sessions can be invaluable. These might include:

1. **Scripture Meditation:** Reflecting on key verses such as Galatians 5:22-23, Proverbs 25:28, and 2 Timothy 1:7.
2. **Group Discussions:** Sharing experiences and challenges related to self-control, fostering accountability.
3. **Practical Exercises:** Setting personal goals for restraint in areas like speech, consumption, or anger management.
4. **Prayer and Reflection:** Seeking divine assistance to cultivate self-control through the Holy Spirit.

Such an approach not only reinforces biblical teachings but also encourages tangible transformation in everyday conduct.

The ongoing relevance of self-control in biblical study highlights its foundational role in Christian ethics and spiritual formation. By examining scripture closely and applying its principles thoughtfully, believers can navigate the complexities of modern life with greater wisdom and resilience. This balanced perspective, combining divine empowerment with personal discipline, ensures that self-control remains a dynamic and accessible virtue for all who pursue it.

Bible Study On Self Control

bible study on self control: *Self-control* Jack Kuhatschek, 1992 This best-selling and award-winning Bible study series has been completely updated and revised for the new millennium. This volume helps readers learn self-control in five crucial areas: speech, body, desires, appetite, and finances. 6 SESSIONS.

bible study on self control: It's All Under Control Bible Study Jennifer Dukes Lee, 2018-09-18 Embark on a six-week journey to letting go of the things you can't control, finding the strength to hang on tighter to those you can—and finally learning how to tell the difference. If you're like most women, you have been trying to hang on tight, so you can get life right. Jennifer Dukes Lee has written this Bible study workbook especially for you. Over the course of this study, you'll Uncover surprising truths from the life of Jesus about busy-ness, obedience, and asking for help Discover five major reasons that keep us from trusting God—and how to overcome them Make healthier, wiser decisions about how to spend your time and energy Find practical exercises and Scriptural truths to guide you in living a life of surrender to God. This isn't a journey to "doing less;" it's about becoming more of who God has truly created you to be. This workbook, for small groups or individual study, is a companion resource to the book *It's All under Control* (sold separately).

bible study on self control: FASTING, DISCIPLINE, AND SELF-CONTROL GODSWORD GODSWILL ONU,

bible study on self control: Bible Study Guide for Churches, Small House Fellowships, and Discussion Groups Richard Sogunle, 2022-08-01 In my many years of attending Bible study, I have found that many who attend barely grow beyond the level of being fed the word of God. Many are stocked in the level of milk without the capacity to handle the solid word of God. The aptitude and zeal to understand and rightly share the word of God is absent in the greater percentage of church attendees today. Every good shepherd desire that their flocks grow in their spiritual muscle and be able to stand anywhere and anytime on their faith feet without being tossed to and fro with every wind of doctrine. However, due to various environmental and organizational challenges, a small group Bible study setting may be lacking in many churches. The members may attend worship services on Sunday and other times, and listen to the pastor's sermon day after day, but never have the opportunity to contribute their God-given ideas or ask questions that could strengthen their courage to share their faith with understanding. This book is designed to challenge believers in reading a passage of the scripture and equip them with spiritual-warfare weapon in memory verse during each Bible study session. The individual will have the opportunity to learn and discuss the weekly topic and questions that follow every introduction to the topic. The study guide is simply arranged to enable any believer or group of believers and families to use in any Bible study group setting. The study guide discusses various topics with supporting scriptural references to equip participants with practical knowledge and applications to their daily Christian living. *Bible Study Guide for Churches, Small House Fellowships, and Discussion Groups* is a must-have handbook for pastors, leaders of various Christian fellowship groups, and believers that will love to grow in their Christian walk.

bible study on self control: *Habits of Highly Effective Christians Bible Study Guide* Ron Meyers, 2003-06

bible study on self control: Commentary on 1&2 Peter, 1,2,3 John, Jude: Bible Study Notes and Comments David Pratte, 2019-09-27 Bible study notes and commentary on the New Testament books of 1&2 Peter, 1,2,3, John, and Jude. Emphasizes understanding the text with practical applications. Intended to be helpful to all Christians, including teachers and preachers, while avoiding an emphasis on technical issues. Written from the conservative viewpoint of faith in the Bible as the absolute, inerrant, verbally inspired word of God. Comments include discussion of these topics: * Faithfulness in time of suffering * Qualities needed in a Christian's character * Second coming of Jesus * The Deity and humanity of Jesus * Conditions for fellowship with God * Love for

God and others * Importance of obedience to truth

bible study on self control: Bible Study Guide: Proverbs Volume 2 Andrew J.

Lamont-Turner, Welcome to the second volume of the verse-by-verse study of the Bible Book of Proverbs. This study covers chapters 15 to 24. Unlock the timeless wisdom of the Book of Proverbs with this comprehensive verse-by-verse study. Dive deep into the heart of each proverb and discover practical insights that can transform your life. This book will guide you through the entire Book of Proverbs, exploring the themes of wisdom, knowledge, understanding, morality, relationships, and work ethic. With clear explanations, relevant examples, and thought-provoking questions, you'll gain a deeper understanding of the wisdom that has been passed down through the ages. Whether you're a seasoned scholar or a curious newcomer, this book will help you uncover the riches of the Book of Proverbs and apply its teachings to your everyday life.

bible study on self control: The Law of Success Napoleon Hill, 2018-05-16 Self-help guru

Napoleon Hill queried dozens of prosperous individuals about how they achieved success, distilling their responses into principles that promote self-confidence, thrift, imagination, enthusiasm, self-control, concentration, and cooperation.

bible study on self control: Law of Success - Law of Attraction Dr. Robert C. Worstell,

Napoleon Hill, 2017-05-20 How secure do you think your own future is? Can you be assured that success is going to enter your life - that you'll always have all the money and everything else you need for yourself and your family? When you know and apply the Law of Success, you'll know for sure that everything will go your way from there on out. This is the classic master text which formed the basis of Napoleon Hill's bestseller *Think and Grow Rich*. Here, you'll see exactly why his later work is still out-selling any other self-help book on the market. It was after 20 years of self-funded research into the makers and shakers of his day that he was finally able to codify all their philosophies into one Master Blueprint - which you can now have at your fingertips for study, review and reference. This edition was updated to ensure your speedy reading and rapid understanding of timeless success principles used throughout history. Get Your Copy Now.

bible study on self control: The MacArthur Bible Commentary John F. MacArthur,

2005-05-08 Unleashing God's Truth, One Verse At A Time Serious students of Scripture can easily lose their focus among the many Bible commentaries available today, studying for hours yet discovering no meaningful application of God's eternal truth. This one-volume commentary on the entire Bible from one of America's foremost Bible expositors offers instead a minilibrary of understandable resources designed to convey the Bible's overarching message with historical and theological clarity. Pastor and teacher John MacArthur covers the complete Bible—every passage of the Old and New Testaments, phrase by phrase—in this valuable one-volume resource. Hundreds of additional study tools complement the commentary, such as Word studies Charts, graphs, and brief articles Overviews of each major division of the Bible Introductions to each biblical book A summary of essential Christian theology Special sections on Jesus's life and ministry Harmonies of historical writings Guidance in studying, applying, and teaching God's Word Readers benefit from the coherence a single commentator provides, finding faithful, understandable, and relevant resources for any passage from the entire Bible. Consistent elements include exploring God's character; seeing Christ in all Scripture; and identifying key doctrines, vital people, and touchstone Scripture passages. The MacArthur Bible Commentary offers pastors, Bible teachers, serious Bible readers, and anyone seeking to read and understand the Scriptures a way to focus their studies while still seeing the entire Bible's application to the Christian life.

bible study on self control: Divine Discipline Rhonda Kelley, 2010-09-23 You can win any

battles and conquer all hardships if you can seek His power through prayer and His strength through promises. Through Him we are strengthened.

bible study on self control: Making Bible Study Formal Stephen Wuest, 2020-01-16 Making

Bible Study Formal By: Stephen Wuest Making Bible Study Formal is aimed at conservative Christians, aggressive readers, and those who have an interest in catechism in Christian congregations. It is an exploration of how formal reasoning can be incorporated into Bible study and

apologetics. Although author Stephen Wuest focuses on formal reasoning, he points to a wide horizon of intellectual disciplines that Christians have historically integrated into their faith.

bible study on self control: *THE UNTOUCHABLE CHRISTIAN* GODSWORD GODSWILL ONU,

bible study on self control: Daily Bible Study Summer 2023 Dan R. Dick, Henry G. Brinton, Amy Sigmon, 2023-04-11 Study the Bible daily for a closer relationship with God. Daily Bible Study is a great companion to the quarterly Adult Bible Studies or as a stand-alone study for those wanting to study the Bible daily. It is presented in quarterly segments. Bible-based and Christ-focused, it coordinates with the lesson themes of Adult Bible Studies. Each daily reading includes a one-page Bible study for each of the quarters along with introductory reflection questions and commentary on the daily Scripture passage, life application and a concluding prayer. Additional information about Adult Bible Studies, Summer 2023 Theme: Transformation This Summer, Daily Bible Study presents a series of readings supporting the theme "The Life of Faith." These readings enable us to walk alongside Jesus and his disciples on Jesus' final journey to Jerusalem. They challenge us to explore the nature of faith that calls us to follow Jesus despite our uncertainty and doubts. They also help us unpack the concept of "sabbath," the foreshadowing of the rest that God promises at the end of our journey. Readings come from Old and New Testament texts. These daily readings, which prepare us for the lessons in Adult Bible Studies, are written by Susan Groseclose, Taylor Mills, and Greg Weeks. Unit 1 The Fruit of the Spirit Scriptures: Coming Soon Spiritual Practice: Study Unit 2 The Work of the Church Scriptures: Coming Soon Spiritual Practice: Guidance | Spiritual Direction Unit 3 The Pursuit of the People Scriptures: Coming Soon Spiritual Practice: Forgiveness

bible study on self control: The Ultimate Personal Development Collection Napoleon Hill, 2024-02-22 We proudly present this collection of classic self-help works on how to attract success and money in your life. CONTENTS: 1. Napoleon Hill - Think and Grow Rich 2. Benjamin Franklin - The Way to Wealth 3. Charles F. Haanel - The Master Key System 4. Florence Scovel Shinn - The Game of Life and How to Play it 5. Wallace D. Wattles - How to Get What You Want 6. Wallace D. Wattles - The Science of Getting Rich 7. Wallace D. Wattles - The Science of Being Well 8. Wallace D. Wattles - The Science of Being Great 9. P.T. Barnum - The Art of Money Getting 10. Dale Carnegie - The Art of Public Speaking 11. James Allen - As A Man Thinketh 12. James Allen - From Poverty to Power 13. James Allen - Eight Pillars of Prosperity 14. James Allen - Foundation Stones to Happiness and Success 15. James Allen - Men and Systems 16. James Allen - Above Life's Turmoil 17. James Allen - The Life Triumphant 18. Lao Tzu - Tao Te Ching 19. Khalil Gibran - The Prophet 20. Orison Swett Marden & Abner Bayley - An Iron Will 21. Orison Swett Marden - Ambition and Success 22. Orison Swett Marden - The Victorious Attitude 23. Orison Swett Marden - Architects of Fate; Or, Steps to Success and Power 24. Orison Swett Marden - Pushing to the Front 25. Orison Swett Marden - How to Succeed 26. Orison Swett Marden - Cheerfulness As a Life Power 27. Marcus Aurelius - Meditations 28. Henry Thomas Hamblin - Within You is the Power 29. William Crosbie Hunter - Dollars and Sense 30. William Crosbie Hunter - Evening Round-Up 31. Joseph Murphy - The Power of Your Subconscious Mind 32. Ralph Waldo Emerson - Self-Reliance 33. Ralph Waldo Emerson - Compensation 34. Henry H. Brown - Concentration: The Road to Success 35. Henry H. Brown - Dollars Want Me 36. Russell H. Conwell - Acres of Diamonds 37. Russell H. Conwell - The Key to Success 38. Russell H. Conwell - What You Can Do With Your Will Power 39. Russell H. Conwell - Every Man is Own University 40. William Atkinson - The Art of Logical Thinking 41. William Atkinson - The Psychology of Salesmanship 42. B.F. Austin - How to Make Money 43. H.A. Lewis - Hidden Treasure 44. L.W. Rogers - Self-Development and the Way to Power 45. Douglas Fairbanks - Laugh and Live 46. Douglas Fairbanks - Making Life Worth While 47. Sun Tzu - The Art of War 48. Samuel Smiles - Character 49. Samuel Smiles - Thrift 50. Samuel Smiles - Self-Help 51. The Mastery of Destiny (James Allen) 52. The Life Triumphant (James Allen) 53. Eight Pillars of Prosperity (James Allen) 54. Foundation Stones to Happiness and Success (James Allen) 55. Above Life's Turmoil (James Allen) 56. From Passion to Peace (James Allen) 57. Man-King of Mind, Body and Circumstance (James Allen) 58. Light on Life's Difficulties (James Allen) 59. Men and Systems (James Allen) 60. The Shining Gateway (James Allen) 61. Out from the Heart (James Allen) 62.

Through the Gates of Good (James Allen) 63. The Divine Companion (James Allen) 64. Morning And Evening Thoughts (James Allen) 65. Book of Meditations for Every Day in the Year (James Allen) 66. Poems of peace (James Allen)

bible study on self control: Every Day with Jesus Bible-Hcsb Selwyn Hughes, 2004-11 With special features like interactive questions and daily devotionals, this edition is the perfect tool to motivate commitment and involvement in a daily reading program.

bible study on self control: FOR AS I THINK IN MY HEART SO I AM Edward D. Andrews, 2016-10-06 For As I Think In My Heart - So I Am: Combining Biblical Counseling with Cognitive Behavioral Therapy offers a transformative journey for Christians seeking to align their thoughts, emotions, and actions with biblical truth. In a world where the mind is often at war with the spirit, this book provides a powerful tool for overcoming the mental and emotional challenges that hinder spiritual growth. Drawing on the timeless wisdom of Scripture and the practical techniques of Cognitive Behavioral Therapy (CBT), this book equips believers with the knowledge and skills needed to renew their minds and hearts. Each chapter delves into common struggles such as anxiety, depression, and destructive thoughts, offering biblically grounded strategies that foster true and lasting change. This is not a book of easy answers or superficial solutions. It is a guide for those ready to do the hard work of self-examination and transformation, rooted in the belief that as we think in our hearts, so we become. Whether you are a pastor, counselor, or an individual seeking personal growth, For As I Think In My Heart - So I Am provides the insights and tools necessary to develop a mind that honors God and a life that reflects His love and wisdom. Let this book be your companion as you embark on a journey to renew your mind, overcome destructive patterns, and embrace the peace and strength that come from a biblically centered life.

bible study on self control: The Visual Bible Study Guide Volume 1 Jay A. Adams, 2024-04-01 My name is Jay A. Adams, not to be confused with the author Jay E. Adams who passed away in 2020. This is my 1st Volume of several planned other Volumes as the Lord leads me of this Guide. I've been a teacher of the Word going back 30 years and being led by the Holy Spirit I saw a great need for a Visual Bible Study guide and especially for the more Difficult topics, passages, doctrines in scripture. My own personal background is I was born again as a young boy, grew up in a Southern Baptist church & have belonged to a few other denominations. But the Christian life is about relationship with Christ not a denomination. important than any denomination.

bible study on self control: A Life Beyond Amazing Bible Study Guide Dr. David Jeremiah, 2017-10-03 Why were people in the first century so drawn to Jesus of Nazareth? His powerful miracles and challenging teachings, for sure. But it was also His character. Humanity had never witnessed someone who is loving, joyful, peaceful, patient, compassionate, generous, faithful, humble, and self-controlled all the time. It was as if God Himself had become a human being to demonstrate the life that is possible—a life beyond amazing. The traits that Jesus demonstrated in His life were traits empowered by the Spirit of God who filled Him. When Jesus returned to heaven, He sent His Spirit to indwell all His true followers so they could display the same character in their lives—not for their benefit alone but to show the world the kind of life God intended us to enjoy. The apostle Paul called these traits the fruit of the Spirit (Galatians 5:22-23). In this A Life Beyond Amazing Study Guide, Dr. David Jeremiah describes the divinely empowered life that is possible for followers of Christ. Between introductory and concluding messages, Dr. Jeremiah explores each of the nine traits of a Spirit-filled life as outlined by the apostle Paul—traits that produce a life beyond amazing. Each lesson also includes: An outline of the main subjects and Scriptures covered during the lesson An overview of Dr. Jeremiah's teaching on the topic being studied Application questions to help individuals and small groups delve into the Bible A Did You Know? section that adds a point of interest to the lesson

bible study on self control: Bible Study Book Bearing Fruit Jesus Bible Foundation, 2025-09-20 a practical and Spirit-filled Bible study that guides believers into true transformation—not by striving harder, but by abiding deeper in Jesus. Every tree is known by its fruit, and every Christian is known by the character their life reflects. This study walks you through

the nine fruits of the Spirit—love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control—and shows how each one becomes visible when we remain rooted in Christ. Through ten rich chapters, you will: Discover why abiding in Jesus is the source of all fruitfulness. Learn how to put others first in love and rejoice in every season with joy. Experience God’s peace in the midst of chaos and trust His timing with patience. Reflect His compassion through kindness, integrity through goodness, and loyalty through faithfulness. Practice gentleness as strength under control and develop Spirit-led self-control that leads to freedom. Each chapter includes reflection questions and a closing prayer to help you move from reading to living. A Bonus Section on “Cultivating the Soil” provides daily habits to keep your heart fertile for growth, while the benediction reminds you that your life is God’s garden—planted to glorify Him and nourish others. Whether you are new in faith or longing to go deeper, Bearing Fruit is an invitation to let the Holy Spirit shape your inner life until it reflects the beauty of Christ.

Related to bible study on self control

Examining the Scriptures Daily—2025 - Appearance Settings Bible Teachings Bible Questions Answered Bible Verses Explained Bible Study Course Bible Study Tools Peace & Happiness Marriage & Family Teens & Young Adults

Online Bible—Read, Listen, or Download Free: PDF, EPUB, Audio Read the Bible online, listen, or download. Published by Jehovah’s Witnesses, the New World Translation of the Holy Scriptures is accurate and easy to read

The New World Translation (Study Edition) | NWT Study Bible This free online study Bible is an accurate, easy-to-read study edition of the Holy Bible. It includes pictures, footnotes, cross-references, and additional study tools

Jehovah’s Witnesses—Official Website: | English Jehovah’s Witnesses: Our official website provides online access to the Bible, Bible-based publications, and current news. It describes our beliefs and organization

Bible Study Tools - Our library of free Bible study tools and resources can help you to deepen your personal Bible study and understand the Word of God more fully. Use our free online Bible, which includes

What Is the Bible? Facts About the Bible - The Bible is a collection of 66 sacred books written over a period of some 1,600 years. It contains history, laws, prophecy, poetry, proverbs, songs, and letters

Bible Verses—Explain Bible Verses, Meaning & Context - Discover the meaning of Bible verses and phrases. See popular Bible translations. Understand each verse in context with the help of footnotes and cross-references

Bible Books Released in 14 Languages During July 2025 - Bible Books Released in 14 Languages During July 2025 Lari On July 4, 2025, Brother Delphin Kavusa, a member of the Congo (Kinshasa) Branch Committee, released The

Genesis 1 | Online Bible | New World Translation Genesis 1:1-31—Read the Bible online or download free. The New World Translation of the Holy Scriptures is published by Jehovah’s Witnesses

Read the Bible Online | Free Bible Downloads: MP3 Audio, PDF The books of the Bible are listed in order and by chapter so you can find verses quickly. The New World Translation (1984) is an accurate, easy-to-read Holy Bible

Examining the Scriptures Daily—2025 - Appearance Settings Bible Teachings Bible Questions Answered Bible Verses Explained Bible Study Course Bible Study Tools Peace & Happiness Marriage & Family Teens & Young Adults

Online Bible—Read, Listen, or Download Free: PDF, EPUB, Audio Read the Bible online, listen, or download. Published by Jehovah’s Witnesses, the New World Translation of the Holy Scriptures is accurate and easy to read

The New World Translation (Study Edition) | NWT Study Bible This free online study Bible is

an accurate, easy-to-read study edition of the Holy Bible. It includes pictures, footnotes, cross-references, and additional study tools

Jehovah's Witnesses—Official Website: | English Jehovah's Witnesses: Our official website provides online access to the Bible, Bible-based publications, and current news. It describes our beliefs and organization

Bible Study Tools - Our library of free Bible study tools and resources can help you to deepen your personal Bible study and understand the Word of God more fully. Use our free online Bible, which includes

What Is the Bible? Facts About the Bible - The Bible is a collection of 66 sacred books written over a period of some 1,600 years. It contains history, laws, prophecy, poetry, proverbs, songs, and letters

Bible Verses—Explain Bible Verses, Meaning & Context - Discover the meaning of Bible verses and phrases. See popular Bible translations. Understand each verse in context with the help of footnotes and cross-references

Bible Books Released in 14 Languages During July 2025 - Bible Books Released in 14 Languages During July 2025 Lari On July 4, 2025, Brother Delphin Kavusa, a member of the Congo (Kinshasa) Branch Committee, released The

Genesis 1 | Online Bible | New World Translation Genesis 1:1-31—Read the Bible online or download free. The New World Translation of the Holy Scriptures is published by Jehovah's Witnesses

Read the Bible Online | Free Bible Downloads: MP3 Audio, PDF The books of the Bible are listed in order and by chapter so you can find verses quickly. The New World Translation (1984) is an accurate, easy-to-read Holy Bible

Examining the Scriptures Daily—2025 - Appearance Settings Bible Teachings Bible Questions Answered Bible Verses Explained Bible Study Course Bible Study Tools Peace & Happiness Marriage & Family Teens & Young Adults

Online Bible—Read, Listen, or Download Free: PDF, EPUB, Audio Read the Bible online, listen, or download. Published by Jehovah's Witnesses, the New World Translation of the Holy Scriptures is accurate and easy to read

The New World Translation (Study Edition) | NWT Study Bible This free online study Bible is an accurate, easy-to-read study edition of the Holy Bible. It includes pictures, footnotes, cross-references, and additional study tools

Jehovah's Witnesses—Official Website: | English Jehovah's Witnesses: Our official website provides online access to the Bible, Bible-based publications, and current news. It describes our beliefs and organization

Bible Study Tools - Our library of free Bible study tools and resources can help you to deepen your personal Bible study and understand the Word of God more fully. Use our free online Bible, which includes

What Is the Bible? Facts About the Bible - The Bible is a collection of 66 sacred books written over a period of some 1,600 years. It contains history, laws, prophecy, poetry, proverbs, songs, and letters

Bible Verses—Explain Bible Verses, Meaning & Context - Discover the meaning of Bible verses and phrases. See popular Bible translations. Understand each verse in context with the help of footnotes and cross-references

Bible Books Released in 14 Languages During July 2025 - Bible Books Released in 14 Languages During July 2025 Lari On July 4, 2025, Brother Delphin Kavusa, a member of the Congo (Kinshasa) Branch Committee, released The

Genesis 1 | Online Bible | New World Translation Genesis 1:1-31—Read the Bible online or download free. The New World Translation of the Holy Scriptures is published by Jehovah's Witnesses

Read the Bible Online | Free Bible Downloads: MP3 Audio, PDF The books of the Bible are

listed in order and by chapter so you can find verses quickly. The New World Translation (1984) is an accurate, easy-to-read Holy Bible

Related Articles

- [jazz standards lead sheets](#)
- [culture and leadership across the world](#)
- [mathematical model of the universe](#)

[Back to Home](#)