

# coming of age in america

## Coming of Age in America: Navigating the Journey to Adulthood

**Coming of age in America** is a deeply personal yet universally resonant experience, shaped by a unique blend of cultural, social, and economic factors. For many young people, this period is a transformative journey filled with milestones, challenges, and self-discovery. From the rites of passage like graduating high school or turning eighteen, to the more subtle shifts in identity and responsibility, growing up in the United States offers a complex tapestry of experiences that define what it means to transition from adolescence to adulthood.

Understanding the nuances of coming of age in America helps not only young individuals but also parents, educators, and communities to better support this critical phase. Let's explore the cultural traditions, societal expectations, and evolving realities that influence how young Americans step into adulthood today.

## The Cultural Landscape of Coming of Age in America

Coming of age in America is not a one-size-fits-all story. The United States is a melting pot of ethnicities, traditions, and values, which means that the passage into adulthood can look very different depending on one's background.

## Rites of Passage and Traditions

While some families emphasize traditional milestones such as sweet sixteen parties or quinceañeras, others may focus more on educational achievements like graduating from high school or college. These ceremonies symbolize more than just age; they mark a shift in social status and responsibilities.

- **Sweet Sixteen**: Commonly celebrated among many American teens as a coming-of-age event that symbolizes maturity and social recognition.
- **Quinceañera**: A vibrant cultural celebration among Latino communities that marks a girl's 15th birthday, blending religious and social elements.
- **Graduation Ceremonies**: Important markers for many, signaling readiness to take on adult roles in society.

These rituals offer young people a sense of identity and belonging, reinforcing the idea that they are transitioning into new roles within their families and communities.

# **The Role of Family and Community**

Family dynamics play a crucial role in shaping the coming-of-age experience. In some families, children might be expected to take on significant responsibilities early on, such as helping with younger siblings or contributing financially. In others, parents might emphasize independence, encouraging their teenagers to explore college or careers far from home.

Community involvement, including mentorship programs, youth organizations, or religious groups, often provides a supportive network that helps young people navigate the uncertainties of this phase. These social structures not only foster growth but also help teens build confidence and social skills essential for adulthood.

## **Challenges Facing Youth Coming of Age in America Today**

Growing up in the 21st century comes with unprecedented challenges that shape the coming-of-age process in unique ways. Economic pressures, social media influences, and mental health concerns are among the factors impacting how young Americans transition into adulthood.

### **Economic Realities and Career Uncertainty**

Unlike previous generations, many young people today face financial instability and an unpredictable job market. The rising cost of higher education, coupled with student loan debt, creates pressure to succeed academically while also managing financial burdens.

The traditional path of completing college and finding a stable career is no longer guaranteed, prompting many to explore alternative routes such as vocational training, entrepreneurship, or gig economy jobs. This shift demands adaptability and resilience, which are now essential skills in the coming-of-age toolkit.

### **The Influence of Social Media and Digital Identity**

Social media platforms have transformed how young people experience their transition to adulthood. On one hand, these tools offer opportunities for self-expression, connection, and learning. On the other, they can create unrealistic expectations, cyberbullying, and anxiety.

Navigating digital identity becomes a critical part of coming of age in America. Teens must learn to balance authenticity with privacy, manage online

reputations, and develop healthy habits around screen time and social interaction.

## **Mental Health Awareness and Support**

The increasing awareness of mental health issues among youth is reshaping the conversation around coming of age. Anxiety, depression, and stress-related disorders are prevalent, driven by academic pressures, social challenges, and uncertainties about the future.

Access to counseling, peer support groups, and mental health education is becoming vital in helping young Americans cope with these challenges. Encouraging open dialogue and reducing stigma around mental health can empower youth to seek help and build emotional resilience.

## **Educational and Social Milestones in Coming of Age**

Education remains a central pillar in the coming-of-age experience for many American youths. However, the path is evolving as society recognizes diverse definitions of success and adulthood.

## **High School as a Crucible for Growth**

High school is often the first major arena where teens encounter critical social and academic challenges. Beyond academics, students learn life skills such as time management, teamwork through sports or clubs, and self-advocacy.

Teachers and counselors play pivotal roles in guiding students through decisions about college, careers, and personal development. Extracurricular activities provide outlets for creativity and leadership, essential components of growing maturity.

## **College and Alternative Pathways**

For many, college signifies a rite of passage, a place to further intellectual growth and independence. Yet, rising tuition costs and changing job markets have made college less accessible or desirable for some.

Alternatives like community colleges, trade schools, apprenticeships, or entering the workforce early are gaining recognition as valid and valuable paths. These options broaden the definition of coming of age, emphasizing

practical skills and financial independence.

## Driving, Voting, and Legal Rights

Legal milestones such as obtaining a driver's license, registering to vote, and reaching the age of majority (18 years old) are symbolic markers of adulthood in America. They represent increased freedoms and responsibilities.

- **\*\*Driver's License\*\***: Often the first step towards independence, enabling mobility and self-reliance.
- **\*\*Voting Rights\*\***: A critical civic duty that encourages political awareness and participation.
- **\*\*Legal Adulthood\*\***: Grants new rights and responsibilities, including signing contracts, joining the military, or facing legal consequences as an adult.

These milestones help young people assert their autonomy while engaging more fully in civic life.

## Tips for Supporting Young People Through Their Coming of Age Journey

Whether you're a parent, educator, or community member, supporting youth as they come of age in America means understanding their unique challenges and providing guidance tailored to their needs.

- **Encourage Open Communication**: Create safe spaces for young people to express their thoughts, fears, and aspirations without judgment.
- **Promote Financial Literacy**: Teach budgeting, saving, and responsible spending early to prepare them for economic independence.
- **Support Mental Health**: Normalize conversations about emotions and provide access to counseling or peer support.
- **Foster Critical Thinking**: Help teens navigate social media and peer pressure by encouraging skepticism and informed decision-making.
- **Celebrate Milestones**: Recognize achievements big and small to build confidence and a sense of accomplishment.

Empowering young people during this transition equips them with tools to thrive, adapt, and contribute meaningfully to society.

# **The Evolving Definition of Adulthood in America**

Coming of age in America is no longer defined by a single moment but rather a gradual, often nonlinear process. Today's youth are navigating a world where traditional timelines—such as moving out at 18 or starting a career immediately after college—are shifting.

Emerging adulthood, a term coined by psychologists, describes this extended phase of exploration and self-focus that can last into the late twenties. This period allows for personal growth, experimentation, and delayed commitments, reflecting broader societal changes like longer educational paths and economic uncertainty.

As America's cultural fabric continues to evolve, so too does the narrative of coming of age—making it a rich, diverse, and dynamic experience for each new generation.

## **Frequently Asked Questions**

### **What does 'coming of age in America' typically refer to?**

'Coming of age in America' refers to the transition period when young people in the United States move from childhood to adulthood, experiencing significant personal growth, increased responsibilities, and social changes.

### **How do cultural differences impact the coming of age experience in America?**

Cultural differences greatly impact the coming of age experience in America, as diverse communities have unique traditions, values, and expectations that influence how young people navigate their transition to adulthood.

### **What are some common challenges faced by American youth during their coming of age?**

Common challenges include identity exploration, peer pressure, academic and career decisions, mental health issues, and navigating social and familial expectations.

### **How has the concept of coming of age in America evolved over recent decades?**

The concept has evolved to include a broader recognition of diverse identities, changing family dynamics, the impact of technology and social

media, and greater awareness of mental health and social justice issues among youth.

## **What role does education play in the coming of age process in America?**

Education plays a crucial role by providing knowledge, socialization opportunities, and skills necessary for adulthood, as well as shaping young people's future career paths and personal development.

## **Additional Resources**

**\*\*Navigating the Complexities of Coming of Age in America\*\***

**Coming of age in America** represents a multifaceted journey that reflects the nation's diverse cultural, social, and economic fabric. Unlike the more uniform rites of passage found in some countries, the American experience of transitioning from adolescence to adulthood is shaped by a variety of influences ranging from family dynamics and educational opportunities to societal expectations and economic realities. This article explores the nuances of this pivotal life stage, examining how young Americans navigate identity formation, independence, and responsibility against a backdrop of evolving cultural norms and systemic challenges.

## **The Contemporary Landscape of Coming of Age in America**

The phrase "coming of age" traditionally encapsulates the moment when a young person assumes adult responsibilities and societal roles. In the United States, however, this transition is neither linear nor universally defined. The diversity of American society means that coming of age can look vastly different depending on factors such as race, socioeconomic status, geographic location, and personal aspirations.

One of the key hallmarks of coming of age in America is the pursuit of higher education. According to the National Center for Education Statistics, approximately 69% of high school graduates enroll in college immediately after graduation. This trend underscores the cultural emphasis on academic achievement as a gateway to adulthood and economic mobility. However, this path is not without its challenges; rising tuition costs and student debt have complicated the traditional narrative, often delaying financial independence for many young adults.

# Economic Factors and Their Impact

The economic environment plays a critical role in shaping the experience of coming of age. The U.S. Bureau of Labor Statistics reports that the unemployment rate for young adults aged 16 to 24 is consistently higher than the national average, contributing to delayed milestones such as homeownership, marriage, and financial autonomy.

Moreover, the gig economy and the rise of non-traditional employment have introduced new dimensions to the path toward independence. While some young Americans benefit from flexible work opportunities, others face instability and limited access to benefits, influencing their readiness to fully embrace adulthood.

## Social and Cultural Dimensions

Cultural identity and social expectations heavily influence coming of age experiences. For instance, immigrant families may emphasize collective responsibility and intergenerational support, contrasting with the more individualistic values prevalent in mainstream American culture. This can create unique pressures and opportunities for young people balancing traditional values with contemporary societal norms.

Social media and digital connectivity also shape modern adolescence, altering how identity is constructed and expressed. The virtual realm offers platforms for self-exploration but can also exacerbate issues such as mental health challenges and social comparison.

## Key Milestones and Their Variability

Coming of age in America is often associated with specific milestones that signify the transition to adulthood. These markers, however, vary widely and may include:

- Graduating from high school or college
- Entering the workforce or securing stable employment
- Obtaining a driver's license
- Living independently from family
- Voting in elections
- Legal recognition as an adult at age 18 or 21

While these events are commonly celebrated, the timing and significance differ. For example, the legal drinking age at 21 creates a secondary threshold, extending adolescence in some respects. Additionally, economic constraints often delay milestones like moving out or purchasing a vehicle.

## **The Role of Education and Career Development**

Education remains a critical component in the coming of age process. High school completion is a baseline, but increasing emphasis on post-secondary education reflects the competitive nature of the modern job market. Vocational training and apprenticeships also provide alternative pathways for those not pursuing traditional college degrees.

Career development during young adulthood is marked by experimentation and exploration. According to Pew Research Center data, young Americans today are more likely to change jobs frequently, reflecting both evolving economic conditions and shifting personal priorities.

## **Psychological and Emotional Growth**

The psychological aspects of coming of age involve identity formation, autonomy, and emotional regulation. Developmental psychologists emphasize this period as critical for establishing a stable sense of self and coping mechanisms for adult responsibilities.

Mental health concerns among adolescents and young adults have risen, with organizations like the American Psychological Association highlighting increased rates of anxiety and depression. These trends suggest that the pressures associated with coming of age in a complex society can have profound emotional impacts.

## **Challenges and Opportunities in the American Coming of Age Experience**

The journey to adulthood in America is fraught with both challenges and opportunities. On one hand, young people benefit from a culture that values innovation, self-expression, and individual rights. On the other, systemic inequalities in education, healthcare, and economic opportunity create barriers for many.

The intersectionality of race, gender, and class shapes these experiences dramatically. For example, marginalized groups often face disproportionate obstacles such as underfunded schools or limited access to healthcare,



influencing their coming of age trajectory.

## Pros and Cons of the American Model

- **Pros:** Emphasis on personal freedom, diverse opportunities, cultural pluralism, strong legal protections for young adults.
- **Cons:** Economic disparities, rising education costs, mental health challenges, inconsistent social support systems.

These factors contribute to a coming of age process that is simultaneously empowering and uncertain, requiring adaptability and resilience.

## The Influence of Family and Community

Families and communities remain central to the coming of age process. While the ideal of independence is celebrated, many young adults rely heavily on familial support well into their twenties. Cultural expectations often dictate the level and type of support provided, with extended family networks playing a significant role in some communities.

Community programs, mentorship initiatives, and youth organizations also provide critical resources that facilitate successful transitions into adulthood.

## Emerging Trends and Future Outlook

Looking ahead, the concept of coming of age in America continues to evolve. Technological advancements, shifting economic landscapes, and changing cultural norms are redefining what adulthood means.

Increased attention to mental health, greater advocacy for social justice, and expanded access to alternative education pathways are shaping a more inclusive and flexible understanding of maturity.

Moreover, the COVID-19 pandemic has accelerated certain trends, such as remote learning and working, which may influence how young people approach independence and career development in the coming years.

The complexity of coming of age in America thus reflects the broader societal transformations underway, suggesting that the journey to adulthood will remain a dynamic and multifaceted experience.

## Coming Of Age In America

**coming of age in america: Coming of Age in America** Mary C. Waters, 2011-09-20 Much hand-wringing has occurred over the so-called failure of young people to grow up today. This volume persuasively shows the range of forces that shape the protracted transition to adulthood. An excellent and enjoyable read. --Deborah Carr, Professor of Sociology, Rutgers University, and editor of the Encyclopedia of the Life Course and Human Development. The essays in this volume are written with great verve and intelligence, grounded in extensive fieldwork and careful data analysis. --Frank Furstenberg, Professor of Sociology in the Population Studies Center at the University of Pennsylvania

**coming of age in america: Jewish Girls Coming of Age in America, 1860-1920** Melissa R. Klapper, 2007-10-01 Jewish Girls Coming of Age in America, 1860—1920 draws on a wealth of archival material, much of which has never been published—or even read—to illuminate the ways in which Jewish girls’ adolescent experiences reflected larger issues relating to gender, ethnicity, religion, and education. Klapper explores the dual roles girls played as agents of acculturation and guardians of tradition. Their search for an identity as American girls that would not require the abandonment of Jewish tradition and culture mirrored the struggle of their families and communities for integration into American society. While focusing on their lives as girls, not the adults they would later become, Klapper draws on the papers of such figures as Henrietta Szold, founder of Hadassah; Edna Ferber, Pulitzer Prize-winning author of *Showboat*; and Marie Syrkin, literary critic and Zionist. Klapper also analyzes the diaries, memoirs, and letters of hundreds of other girls whose later lives and experiences have been lost to history. Told in an engaging style and filled with colorful quotes, the book brings to life a neglected group of fascinating historical figures during a pivotal moment in the development of gender roles, adolescence, and the modern American Jewish community.

**coming of age in america: Coming of Age in Jewish America** Patricia Keer Munro, 2016-05 The Jewish practice of bar mitzvah dates back to the twelfth century, but this ancient cultural ritual has changed radically since then, evolving with the times and adapting to local conditions. For many Jewish-American families, a child’s bar mitzvah or bat mitzvah is both a major social event and a symbolic means of asserting the family’s ongoing connection to the core values of Judaism. *Coming of Age in Jewish America* takes an inside look at bar and bat mitzvahs in the twenty-first century, examining how the practices have continued to morph and exploring how they serve as a sometimes shaky bridge between the values of contemporary American culture and Judaic tradition. Interviewing over 200 individuals involved in bar and bat mitzvah ceremonies, from family members to religious educators to rabbis, Patricia Keer Munro presents a candid portrait of the conflicts that often emerge and the negotiations that ensue. In the course of her study, she charts how this ritual is rife with contradictions; it is a private family event and a public community activity, and for the child, it is both an educational process and a high-stakes performance. Through detailed observations of Conservative, Orthodox, Reform, and independent congregations in the San Francisco Bay Area, Munro draws intriguing, broad-reaching conclusions about both the current state and likely future of American Judaism. In the process, she shows not only how American Jews have forged a unique set of bar and bat mitzvah practices, but also how these rituals continue to shape a distinctive Jewish-American identity.

**coming of age in america: *Coming of Age in America*** , 2011 Overview: What is it like to become an adult in twenty-first-century America? This book takes us to four very different places—New York City, San Diego, rural Iowa, and Saint Paul, Minnesota—to explore the dramatic shifts in coming-of-age experiences across the country. Drawing from in-depth interviews with people in their twenties and early thirties, it probes experiences and decisions surrounding education, work, marriage, parenthood, and housing. The first study to systematically explore this phenomenon from a qualitative perspective, *Coming of Age in America* offers a clear view of how

traditional patterns and expectations are changing, of the range of forces that are shaping these changes, and of how young people themselves view their lives.

**coming of age in america: Consumption and Identity in Asian American Coming-of-Age Novels** Jennifer Ho, 2013-09-13 This interdisciplinary study examines the theme of consumption in Asian American literature, connection representations of cooking and eating with ethnic identity formation. Using four discrete modes of identification--historic pride, consumerism, mourning, and fusion--Jennifer Ho examines how Asian American adolescents challenge and revise their cultural legacies and experiment with alternative ethnic affiliations through their relationships to food.

**coming of age in america: *Coming of Age in the Afro-Latin American Novel*** Bonnie S. Wasserman, 2022 This book is the first study of recent coming-of-age novels from Brazil and the Spanish-speaking Caribbean. I investigate the divide in Afro-Latin American research that usually favors either Hispanic-America or Brazil, but not both. I argue that contemporary novelists have adapted the coming-of-age novel to explore central themes in the Afro-Latin American experience such as Blackness, African religions and folkloric traditions, and immigration. While there is no firm consensus on the term Blackness, scholars typically use the term to describe the social, cultural, and historical experience of Afro-descendants in the diaspora. The Afro-Latin American bildungsromans examined in this study include a number of religions such as Catholicism, Spiritism, and syncretic folk religions as well as Santería and Umbanda reflecting the variety of beliefs in Latin America. I have found that young people turn to religions and spiritual traditions in time of need. Going on a journey as part of one's personal development is one of the central themes of many bildungsroman, and this pertains too in Afro-Latin American novels. Caribbean characters are depicted as immigrating to the United States whereas few Brazilians have enough resources to travel to North America and instead move to larger cities within their own country--

**coming of age in america: *Encyclopedia of Women & Islamic Cultures*** Suad Joseph, Afsāna Naǧmābādī, 2003 Family, Body, Sexuality and Health is Volume III of the Encyclopedia of Women & Islamic Cultures. In almost 200 well written entries it covers the broad field of family, body, sexuality and health and Islamic cultures.

**coming of age in america: *Emerging and Young Adulthood*** Varda Konstam, 2008-07-17 This volume reaches beyond facile Gen X and quarterlife crisis constructs to reveal the many diverse voices of young adults - their attitudes toward life, work, relationships, peers, and identities - and incorporates the diverse perspectives of parents and employers. It is a must-have resource for developmental, school, and counseling psychologists and therapists as well as for researchers and graduate-level students.

**coming of age in america: *Anthropologists and the Rediscovery of America, 1886-1965*** John S. Gilkeson, 2010-09-20 This book examines the intersection of cultural anthropology and American cultural nationalism from 1886, when Franz Boas left Germany for the United States, until 1965, when the National Endowment for the Humanities was established. Five chapters trace the development within academic anthropology of the concepts of culture, social class, national character, value, and civilization, and their dissemination to non-anthropologists. As Americans came to think of culture anthropologically, as a 'complex whole' far broader and more inclusive than Matthew Arnold's 'the best which has been thought and said', so, too, did they come to see American communities as stratified into social classes distinguished by their subcultures; to attribute the making of the American character to socialization rather than birth; to locate the distinctiveness of American culture in its unconscious canons of choice; and to view American culture and civilization in a global perspective.

**coming of age in america: *Coming of Age in the Other America*** Stefanie DeLuca, Susan Clampet-Lundquist, Kathryn Edin, 2016-04-19 Recent research on inequality and poverty has shown that those born into low-income families, especially African Americans, still have difficulty entering the middle class, in part because of the disadvantages they experience living in more dangerous neighborhoods, going to inferior public schools, and persistent racial inequality. *Coming of Age in the Other America* shows that despite overwhelming odds, some disadvantaged urban youth do

achieve upward mobility. Drawing from ten years of fieldwork with parents and children who resided in Baltimore public housing, sociologists Stefanie DeLuca, Susan Clampet-Lundquist, and Kathryn Edin highlight the remarkable resiliency of some of the youth who hailed from the nation's poorest neighborhoods and show how the right public policies might help break the cycle of disadvantage. *Coming of Age in the Other America* illuminates the profound effects of neighborhoods on impoverished families. The authors conducted in-depth interviews and fieldwork with 150 young adults, and found that those who had been able to move to better neighborhoods—either as part of the Moving to Opportunity program or by other means—achieved much higher rates of high school completion and college enrollment than their parents. About half the youth surveyed reported being motivated by an “identity project”—or a strong passion such as music, art, or a dream job—to finish school and build a career. Yet the authors also found troubling evidence that some of the most promising young adults often fell short of their goals and remained mired in poverty. Factors such as neighborhood violence and family trauma put these youth on expedited paths to adulthood, forcing them to shorten or end their schooling and find jobs much earlier than their middle-class counterparts. Weak labor markets and subpar postsecondary educational institutions, including exploitative for-profit trade schools and under-funded community colleges, saddle some young adults with debt and trap them in low-wage jobs. A third of the youth surveyed—particularly those who had not developed identity projects—were neither employed nor in school. To address these barriers to success, the authors recommend initiatives that help transform poor neighborhoods and provide institutional support for the identity projects that motivate youth to stay in school. They propose increased regulation of for-profit schools and increased college resources for low-income high school students. *Coming of Age in the Other America* presents a sensitive, nuanced account of how a generation of ambitious but underprivileged young Baltimoreans has struggled to succeed. It both challenges long-held myths about inner-city youth and shows how the process of “social reproduction”—where children end up stuck in the same place as their parents—is far from inevitable.

**coming of age in america:** *Coming of Age in America* Edgar Zodiag Friedenberg, 1963

**coming of age in america:** *Coming of Age in Contemporary American Fiction* Kenneth Millard, 2007-04-18 This book explores the ways in which a range of recent American novelists have handled the genre of the 'coming-of-age' novel, or the Bildungsroman. Novels of this genre characteristically dramatise the vicissitudes of growing up and the trials and tribulations of young adulthood, often presented through depictions of immediate family relationships and other social structures. This book considers a variety of different American cultures (in terms of race, class and gender) and a range of contemporary coming-of-age novels, so that aesthetic judgements about the fiction might be made in the context of the social history that fiction represents. A series of questions are asked: \* Does the coming-of-age moment in these novels coincide with an interpretation of the 'fall' of America? \* What kind of national commentary does it therefore facilitate? \* Is the Bildungsroman a quintessentially American genre? \* What can it usefully tell us about contemporary American culture? Although the focus is on the conte

**coming of age in america:** *Empowerment of North American Indian Girls* Carol A. Markstrom, 2008-01-01 *Empowerment of North American Indian Girls* is an examination of coming-of-age-ceremonies for American Indian girls past and present, featuring an in-depth look at Native ideas about human development and puberty. Many North American Indian cultures regard the transition from childhood to adulthood as a pivotal and potentially vulnerable phase of life and have accordingly devised coming-of-age rituals to affirm traditional values and community support for its members. Such rituals are a positive and enabling social force in many modern Native communities whose younger generations are wrestling with substance abuse, mental health problems, suicide, and school dropout. Developmental psychologist Carol A. Markstrom reviews indigenous, historical, and anthropological literatures and conveys the results of her fieldwork to provide descriptive accounts of North American Indian coming-of-age rituals. She gives special attention to the female puberty rituals in four communities: Apache, Navajo, Lakota, and Ojibwa. Of

particular interest is the distinctive Apache Sunrise Dance, which is described and analyzed in detail. Also included are American Indian feminist interpretations of menstruation and menstrual taboos, the feminine in cosmology, and the significance of puberty customs and rites for the development of young women.

**coming of age in america: The Prime of Life** Steven Mintz, 2015-04-07 "By drawing on 400 years of social and economic history . . . [the book] presents a thoughtful and thorough guide through the life stages." (Library Journal) Adulthood today is undergoing profound transformations. Men and women wait until their thirties to marry, have children, and establish full-time careers, occupying a prolonged period in which they are no longer adolescents but still lack the traditional emblems of adult identity. People at midlife struggle to sustain relationships with friends and partners, to achieve fulfilling careers, to raise their children successfully, and to age gracefully. The Prime of Life puts today's challenges into new perspective by exploring how past generations navigated the passage to maturity. Whereas adulthood once meant culturally-prescribed roles and relationships, the social and economic convulsions of the last sixty years have transformed it fundamentally, tearing up these shared scripts and leaving adults to fashion meaning and coherence in an increasingly individualistic culture. Emphasizing adulthood's joys and fulfillments as well as its frustrations and regrets, Mintz shows how cultural and historical circumstances have consistently reshaped what it means to be a grown up in contemporary society. "A triumph of historical writing." —The Spectator "[Mintz's] message—that there are many ways to wear the mantle of responsible adulthood and that the 1950s model is a mere blip on history's radar—is deeply necessary and long overdue." —New York Times Book Review "Describing the cultural, economic, and social changes from the Colonial era to today's world . . . Mintz argues that neither religious nor secular middle-class values are adequate responses to the new generation's problems." —Choice "A thoughtful and strangely encouraging tour of an often difficult life stage." —Kirkus Reviews

**coming of age in america: Emerging Adults in America** Jeffrey Jensen Arnett, Jennifer Lynn Tanner, 2006 This book portrays the lives of young Americans between adolescence and young adulthood.

**coming of age in america: Aging in America** Lawrence R. Samuel, 2017-03 Aging in America traces the story of aging over the course of the last half century, demonstrating our culture's negative attitudes toward a natural and inevitable human process and offering a deep understanding of the subject's past in order to help anticipate its future.

**coming of age in america: LGBTQ America Today** John Charles Hawley, 2008-11-30 Lesbian, gay, bisexual, transgender, and queer culture is a vibrant and rapidly evolving segment of the American mosaic. This book gives students and general readers a current guide to the people and issues at the forefront of contemporary LGBTQ America. Included are more than 600 alphabetically arranged entries on literature and the arts, associations and organizations, individuals, law and public policy concerns, health and relationships, sexual issues, and numerous other topics. Entries are written by distinguished authorities and cite works for further reading, and the encyclopedia closes with a selected, general bibliography. Students in social studies, history, and literature classes will welcome this book's illumination of American cultural diversity. LGBTQ Americans have endured many struggles, and during the last decade in particular they have made tremendous contributions to our multicultural society. Drawing on the expertise of numerous expert contributors, this book gives students and general readers a current overview of contemporary LGBTQ American culture. Sweeping in scope, the encyclopedia looks at literature and the arts, associations and organizations, individuals, law and public policy concerns, health and relationships, sexual practices, and various other areas. Entries cite works for further reading, and the encyclopedia closes with a selected, general bibliography. While extensive biographical entries give readers a sense of the lives of prominent lesbian, gay, bisexual, transgender, and queer Americans, the many topical entries provide full coverage of the challenges and contributions for which these people are known. The encyclopedia supports the social studies curriculum by helping students learn about cultural diversity, and it supports the literature curriculum by helping students learn

about LGBTQ writers and their works.

**coming of age in america: Paperbound Books in Print** , 1992

**coming of age in america: Books in Print** , 1977

**coming of age in america: *Cyclopædia of American Literature*** Evert Augustus Duyckinck, George Long Duyckinck, 1875

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